

# E-Pals for Junior Young Carers

*“Stay Connected and Be Supported”*



E-Pals will give junior young carers (aged 6-11) the opportunity to stay connected with their favourite project staff members via email.

If you want your child or carer to write to us, then please contact the project and we will put you in touch with the relevant team member.

**Young Carers Project**  
**0208 496 2960**  
[young.carers@walthamforest.gov.uk](mailto:young.carers@walthamforest.gov.uk)