



WALTHAM FOREST SHORT BREAKS COMMISSIONED SERVICES 23/24

Organisation	Contact Details/Booking Information	Project Title and description of Service	Dates of Service	Age Group	Venue/Cost
Centre 404	<p>Fiona Brady 07983711568/ 0207 607 8762 FionaB@centre404.org.uk www.centre404.org.uk</p> <p>Referral - cypreferrals@centre404.org.uk</p> <p>Access to services: 4-6 weeks from the point of referral</p>	<p>CENTRE 404 OUTREACH AND HOMEBASED SUPPORT 1:1 support in children`s home or out in the community</p>	All Year	8-17 YRS	Home or in the community
Centre404	<p>Fiona Brady 07983711568/ 0207 607 8762 FionaB@centre404.org.uk www.centre404.org.uk</p> <p>Referral - cypreferrals@centre404.org.uk</p> <p>Access to services: 4-6 weeks from the point of referral</p>	<p>CENTRE 404 HOLIDAY PLAYScheme`s Holiday support, sessions run between 10am-3pm. Sessions can take place on 1:1 basis in community or as group activities.</p>	Main school holidays and half terms	8-17 YRS	Venue TBC
Shared Care Services	<p>Owais Khan Shared Care Services Ltd. 119 Eastern Avenue, LG Floor, Ilford, IG4 5AN 0208 252 5255 Email: info@sharedcare.co.uk Website: www.sharedcare.co.uk</p>	<p>BUDDYING/BEFRIENDING SERVICE Shared Care will provide 1:1 care staff to be a `Befriender` with a service user providing friendship and enabling a befriended to access local community activities and leisure facilities; going to the cinema, playing board games, baking, going on outings or just being the centre of a care staff to make a child feel loved, cared for and supported, and make a real difference to children`s lives.</p>	All Year	5-18 YRS	In the community

Organisation	Contact Details/Booking Information	Project Title and description of Service	Dates of Service	Age Group	Venue/Cost
Mercylink Care Services	<p>Send referral to: care@mercylink.care or rm@mercylink.care or call 02038086633/07946682760/07365273990</p> <p>TEMILADE ADEWUNMI 0203 808 6633 CARE@MERCYLINK.CARE</p>	<p>OUTREACH SUPPORT Young Person Short Breaks Service is designed in partnership to meet the needs of disabled children/young people and their families. Through planned 1 -1 sessions the service facilitates leisure and play activities to help the child/young person expand their interests and explore, new social opportunities and build up positive experiences and skills. Families are allocated a trained designated short breaks worker who organises regular sessions in partnership with the family. The sessions can be at home and community based depending on the needs of the child/young person and their family.</p>	All Year	7-18 YRS	At home and in the local community
KIDS	<p>Michael Singh KIDS Adventure Play Hackney, Spring Lane, Big Hill, Clapton, London E5 9HQY</p> <p>Tel: 0208 806 6149 Email: michael.singh@kids.org.uk</p>	<p>OUTREACH PROJECT/BEFRIENDING KIDS Short Breaks Service is designed in partnership to meet the needs of disabled children/young people and their families. Through planned 1 -1 sessions the service facilitates leisure and play activities to help the child/young person expand their interests and explore, new social opportunities and build up positive experiences and skills. Families are allocated a trained designated short breaks worker who organises regular sessions in partnership with the family. The sessions can be home and community based depending on the needs of the child/young person and their family. Workers can also</p>	All Year	5-18 YRS YRS	At home and in the local community

Organisation	Contact Details/Booking Information	Project Title and description of Service	Dates of Service	Age Group	Venue/Cost
		come long to family outings to provide support			
Chinite Home Care	<p>Booking Information: Chinite Home Care 01268 983200/0208 252 1335 07832523552 -Out of Hours Service referral@chiniteresourcing.com</p> <p>Contact Information: Jerica Cartasano/Sylvester Okafor 01268 983200/0208 252 1335 jerica@chiniteresourcing.com sylvester@chiniteresourcing.com www.chinitehomecare.com</p> <p><i>Our workers are recruited locally in Waltham Forest borough and have good access to all areas of Waltham Forest borough.</i></p> <p>Head Office address is listed below: Unit 4 2nd Floor Town Quay Wharf Abbey Road Barking IG11 7BZ</p>	<p>OUTREACH SUPPORT Chinite Home Care Short Breaks Service is developed in partnership to meet the needs of disabled children/young people and their families.</p> <p>The service facilitates leisure and play activities through planned one-to-one support sessions to help the child/young person expand their interests, explore new social opportunities, and build positive experiences and skills.</p> <p>Children/young people and families are allocated a trained designated short breaks worker who organises regular support sessions in partnership with the family.</p> <p>Our Short Breaks service is available 24 hours, seven days a week with Out of Hours response service.</p>	All Year	5-18 YRS	At home and in the local community
The Oak Foundation	<p>Contact Information: Sajida Ahmed The Oak Foundation 2a Boundary Road Walthamstow London</p>	<p>BUDDYING/BEFRIENDING SERVICE Child Support Service offers 1:1 care for disabled children who have complex health needs, require constant supervised care, and who cannot attend play schemes. A support worker will provide care in the</p>	All Year	5-18 YRS	In the Family Home

Organisation	Contact Details/Booking Information	Project Title and description of Service	Dates of Service	Age Group	Venue/Cost
	E17 8JU Tel: 0208 520 0373 Email: info@theoakfoundation.org.uk	child's own home so that Carers get a break and some help. The Oak Foundation provides continuity, with a consistent support staff team, who get to know the family well and can offer support on a regular basis. The child receives individual attention, including enjoyable and stimulating play activities in the home setting that nurture emotional wellbeing and development.			
The Oak Foundation	Sajida Ahmed The Oak Foundation 2a Boundary Road Walthamstow London E17 8JU Tel: 0208 520 0373 Email: info@theoakfoundation.org.uk	<p>AFTER SCHOOL SERVICE The Oak Foundation provide flexible booking and a wide choice of Short Break activities for children and young people with disabilities throughout the year.</p> <p>WEEKEND AND HOLIDAY PROVISION Children and young people take part in sporting and leisure activities and go out on trips. It gives them a chance to get out of the house, try new activities, have fun, and make friends, while their families get to have a short break from looking after them. Each child's additional needs and preferences are considered, and a variety of activities are offered: including sporting activities, leisure activities and trips out.</p>	All Year	5-18 YRS	Cost to parents £10.00 per day for minibus transport, Refreshment, and leisure activities/ trips charges

Organisation	Contact Details/Booking Information	Project Title and description of Service	Dates of Service	Age Group	Venue/Cost
ELHAP	<p>Address: ELHAP 119 Roding Lane North Woodford Bridge Essex IG8 8NA</p> <p>Please contact: Cathy Charles (ELHAP Office Manager) 0208 550 2636 info@elhap.org.uk www.elhap.org.uk</p> <p>Booking: Once families have completed our registration and assessment process, families will be sent online or paper booking forms every 3 months. We then confirm all days in writing.</p> <p>NOTE <i>PLEASE NOTE DUE TO STAFF TRAINING ETC. NO NEW PLACES BEING ARE BEING OFFERED AT ELHAP BEFORE JUNE 23 – no changes for existing users</i></p>	<p>ADVENTURE PLAY FOR ALL (SCHOOL HOLIDAYS)</p> <p>The "Adventure Play for Everyone" project is an inclusive and unique play service for disabled, vulnerable, and disadvantaged children, young people, and their families. ELHAP offers two types of staffing support for children with additional needs (1:1 and 1:4 staffing support ratios – we also sometimes offer 2:1 support when required) to ensure that it offers an inclusive and individualised service to each child.</p> <p>We are also running a sibling's project for non-disabled siblings who can attend ELHAP for free (siblings must be aged 6 – 13 years). Siblings are offered a set number of days per year and families can book across the year.</p>	<p>School Holidays Days: Monday-Friday Times: 10:00 – 15:30</p>	<p>6-18 YRS</p>	<p>ELHAP IG8 8NA</p>
ELHAP	<p>ELHAP 119 Roding Lane North Woodford Bridge Essex IG8 8NA</p> <p>Please contact: Cathy Charles (ELHAP Office Manager) 0208 550 2636 info@elhap.org.uk</p>	<p>ADVENTURE PLAY FOR ALL (SATURDAY CLUBS)</p> <p>The "Adventure Play for Everyone" project is an inclusive and unique play service for disabled, vulnerable and disadvantaged children, young people and their families. ELHAP offers two types of staffing support for children with additional needs (1:1 and 1:4 staffing support ratios – we also</p>	<p>Saturdays (ELHAP is open for fortnightly Saturdays in term time) Times: 10:00 – 15:30 hrs</p>	<p>6-18 YRS</p>	<p>ELHAP IG8 8NA</p>

Organisation	Contact Details/Booking Information	Project Title and description of Service	Dates of Service	Age Group	Venue/Cost
	<p>www.elhap.org.uk</p> <p>Booking: Once families have completed our registration and assessment process, families will be sent online or paper booking forms every 3 months. We then confirm all days in writing.</p> <p>NOTE <i>PLEASE NOTE DUE TO STAFF TRAINING ETC. NO NEW PLACES BEING ARE BEING OFFERED AT ELHAP BEFORE JUNE 23 – no changes for existing users</i></p>	<p>sometimes offer 2:1 support when required) to ensure that it offers an inclusive and individualised service to each and every child.</p> <p>We are also run a siblings project for non-disabled siblings who can attend ELHAP for free (siblings must be aged 6 – 13 years). Siblings are offered a set number of days per year and families can book across the year.</p>			
Marion Mission	<p>Tel: 0208 518 7499 07940143545 E-mail: marianmission@aol.com https://www.marianmission.co.uk/</p>	<p>SITTING AND BEFRIENDING PROVISION Befriending Service - this service is for disabled children and young people aged 8 to 18 Sitting Service - this service for disabled children and young people aged 3 to 18</p>	All Year	8-18 3-18	Please check with provider regarding venue
Marion Mission	<p>Tel: 0208 518 7499 07940143545 E-mail: marianmission@aol.com https://www.marianmission.co.uk/</p>	<p>School Holiday Provision Positive activities during School holidays and half-term breaks for disabled children and young people. We intend to provide fun, learning and creative activities for disabled children and young people. Activities include drama, music and singing lessons, arts and craft and board, ICT, dance, outdoor games, indoor games, circle time and card games</p>	School Holidays Mon-Fri 10:00 hrs to 16:00 hrs	5-18 YRS	Please check with provider regarding venue

Organisation	Contact Details/Booking Information	Project Title and description of Service	Dates of Service	Age Group	Venue/Cost
Resources for Autism	<p>Contact Information: Resources for Autism 0208 458 3259 info@resourcesforautism.org.uk</p> <p><i>This is not a drop-in service. A referral needs to be completed on https://resourcesforautism.wufoo.com/forms/s1j8f3r11atwhgeg/</i></p>	<p>HOLIDAY SCHEME Holiday group activities for individuals with autism. During the scheme we offer a range of activities based on the needs and interests of the group. Those include sensory activities, arts, sports, trips to the community, bowling, cooking, etc.</p>	School Holidays	8-18 YRS	The cost is via short breaks, with an additional parental contribution of £8.50 per day
Resources for autism	<p>Contact Information: Resources for Autism 0208 458 3259 info@resourcesforautism.org.uk</p> <p>This is not a drop-in service. A referral needs to be completed on https://resourcesforautism.wufoo.com/forms/s1j8f3r11atwhgeg/</p>	<p>COMMUNITY SUPPORT One to one support at home and in the community catered to the specific needs of the individual and his/her family. We support development of skills based on the individual interests and their specific needs - those include communication, travel training, sensory issues, independence skills, etc.</p> <p>Support will take place in the agreed day and time, with the same support workers each week.</p>	All Year	All Ages	The cost is via short breaks, with an additional parental contribution of £5.00 per day
Resources for Autism	<p>Resources for Autism 0208 458 3259 info@resourcesforautism.org.uk</p> <p>This is not a drop-in service. A referral needs to be completed on https://resourcesforautism.wufoo.com/forms/s1j8f3r11atwhgeg/</p>	<p>WEEKDAY EVENING GROUP A group for young autistic individuals offering an opportunity to socialise with peers, have fun and be themselves. Young people will be able to share their experiences and feelings as they move forward into young adult life.</p>	Thursday evenings termtime	11-15 YRS	

Organisation	Contact Details/Booking Information	Project Title and description of Service	Dates of Service	Age Group	Venue/Cost
		<p>Staff will take a lead in facilitating the activities, but the group members will not require one to one support.</p>			
<p>Bikeworks.org.uk</p>	<p>All Ability Cycling – please visit website for information regarding times and dates of sessions https://www.bikeworks.org.uk/all-ability/all-ability/#1632126351424-6b857149-c14e</p> <p>Location 1: Leyton Jubilee Park- we set up at the Marsh Lane entrance to the park, E10 7BL.</p> <p>Location 2: Higham Hill Park- we set up at the Hecham Close entrance to the park, E17 5PX.</p> <p>NOTE: Please check website for session dates and times and booking is not required unless six or more people are attending as a group (if you are attending as a group, please check the information on the website for booking requirements)</p>	<p>At Bikeworks we believe that cycling should be accessible and possible for everyone to enjoy.</p> <p>The Drop-in All Ability Cycling Clubs are designed for people with learning, physical and/or sensory disabilities to enjoy cycling on a range of adapted cycles, including single/tandem tricycles, side-by-side cycles for two or more people, wheelchair platform cycles and go-kart style recumbent cycles.</p> <p>The clubs are also a social and friendly place where you can meet the same people time after time.</p> <p>After being shown how to use the cycles by our friendly volunteers and staff, attendees are free to cycle around the park or green space with their friends, family or carer.</p> <p>The clubs are suitable for almost everyone regardless of age, ability or experience level and they are free to access. Unfortunately, we cannot cater for very young children due to the size of the cycles, with the youngest approximate age we can accommodate at the clubs being 5 years old. Parents, carers and support workers are encouraged to attend and ride with the people they are</p>	<p>Please check website for sessions</p>	<p>5 yrs and over</p>	<p>Free</p>

Organisation	Contact Details/Booking Information	Project Title and description of Service	Dates of Service	Age Group	Venue/Cost
		supporting. Those with complex needs must be accompanied by a parent, carer or support worker as the club instructors won't be able to offer one-to-one support for individuals.			
Sycamore Trust	<p>Steve Dixon 0208 517 9317 0208 262 5330 enquiries@sycamoretrust.org.uk</p> <p>27-29 Woodward Road Dagenham RM9 4SJ</p>	A weekly structured youth group for targeted Autistic young people aged 10-17, operating one evening per week in term time. Each session to be module based, combining a structured activity based around five different life-skill themes (safe travel, basic life skills, personal hygiene & appearance, social skills, and safe relationships) with enjoyable and stimulating social activities designed to empower the individual to improve communication, confidence and self-esteem, leading to increased opportunities for further education and employment along with the opportunity to flourish and make a valuable contribution to society.	Term Time only	10-17	TBC
Lambourne End	<p>Rob Gayler 0208 500 3047 Rob.gayler@lambourne-n.org.uk</p> <p>Lambourne End Centre Manor Road Romford RM4 1NB</p>	<p>The Centre offers a variety of exciting, appealing and enjoyable adventurous, farm and nature-based activities for all ages. Through almost 20 years of provision, the Centre has gained a popular reputation amongst the local community with our services in high demand.</p> <p>Activities include archery, climbing, caving, abseiling, low ropes over water, crossbows, kayaking, swimming, fencing, pond dipping,</p>	TBC	5-18	

Organisation	Contact Details/Booking Information	Project Title and description of Service	Dates of Service	Age Group	Venue/Cost
		teambuilding, pony and cart rides, farm tours, sensory trail, campfire, bush craft, orienteering, raft building and more.			
Sports Works	<p>Matt Glass 07930726709 info@sportworksltd.co.uk</p> <p>Area: Chingford</p>	<p>Sunday Short Breaks offering sports activities</p> <p>SportWorks has extensive expertise in providing sport and exercise services which are fully inclusive and enable all members of society to benefit. The purpose of the activities is to increase:</p> <ul style="list-style-type: none"> • Physical wellbeing: a wide range of engaging and adapted activities including dance, yoga, Boccia, each designed to improve physical wellbeing and fitness and adapted to suit each individual. • Mental wellbeing: group and individual activities designed to enhance resilience, confidence, happiness, and other determinants of good mental health. Activities will include “de-stress meditation”, mindfulness, emotional intelligence workshops. • Social wellbeing: provision structured to support the development of inter-social skills between children, family members and the wider community. Activities 	TBC	5-18	TBC

Organisation	Contact Details/Booking Information	Project Title and description of Service	Dates of Service	Age Group	Venue/Cost
		will include problem solving skills and team building activities.			
Hope Superjobs	0208 553 0827 1 Cranbrook Road, Broadway Chambers, 3 rd Floor Ilford, Essex IG1 4DU bibi@hopesuperjobs.co.uk Munish.chander@hopesuperjobs.co.uk Marlene.joseph@hopesuperjobs.co.uk info@hopesuperjobs.co.uk	Outreach support 1:1/2:1, taking out in the community, using play centres if available depending on the age-range of the young person	All Year	5-18	