## How a Careers Adviser can help you



Your careers adviser can support and help you to think about what you would like to do when you are ready to leave school or college.

They can give you and your parents information about your further options. They help you to make decisions about your next steps.

## What will I talk about with my careers adviser?

You can tell your careers adviser what you would like to do, for example:

Things you enjoy and do not like at school or college.

What you like to do in your spare time.

What jobs you think you might like to do in the future

As well as what you wish to do next year.

Your careers adviser will then consider all the

options available to you and help you plan and make decisions for next year.

## What happens next?

Your careers adviser will speak to your teacher and will arrange a time to do a personal careers guidance interview.

