



03

Pride of
Waltham Forest

08

Homes for
Ukraine

14

Dementia
Friendly Borough

19

Black
History Month

23

No Space
for Hate

Waltham Forest

OCTOBER 2022

NEWS

ISSUE 246

GET
YOUR
FREE
COPY

CELEBRATE THE BEST OF OUR BOROUGH

We are launching the **Pride of Waltham Forest Awards**, and we want you to get involved!

These awards will include Local Business of the Year award, Climate Champion award and community culture awards - just to name a few!

NOMINATE TODAY

THE PRIDE OF
WALTHAM FOREST
Awards



walthamforest.gov.uk/prideofwalthamforest

Read the full award descriptions on our website, and if anyone comes to mind, make sure to nominate!



Waltham Forest

Meet our Best Start in Life Superheroes

We want every child in Waltham Forest to get the Best Start in Life and this means ensuring all parents and carers can access the support they need to help their child's growth and development.

Meet our Best Start in Life superheroes, a group of six unique characters who will help us, and our Early Years partners engage with families in Waltham Forest.

These brilliant characters' all have distinctive characteristics that make them special, just like the amazing Waltham Forest children.



Patient Patryk

I am patient.
I stay calm and wait my turn. I listen to others and take my time.



Helpful Hakim

I am helpful.
I know what it's like to start something new. I am kind and supportive to others.



Respectful Rhea

I am respectful.
I love animals and I try to look after the environment. I like to talk about the world and create a place to be enjoyed by everybody.



Active Ashton

I am helpful.
I am learning how to move around without the help of a grown up. I like to try new foods and explore new places.



Curious Carina

I am curious.
I love to spend time in the library finding new books to enjoy. I love to ask questions about the books I have read and talk about what might happen next!



Brave Bilkis

I am brave.
I like to try new things. I love the outdoors and climbing trees is one of my favourite things to do.



Sign up for our
Best Start in Life
newsletter at
bit.ly/BSILNewsWFN

Did you know?

All parents and carers of 0-4 year olds are welcome at the hubs.

We are inclusive and supportive of all families.

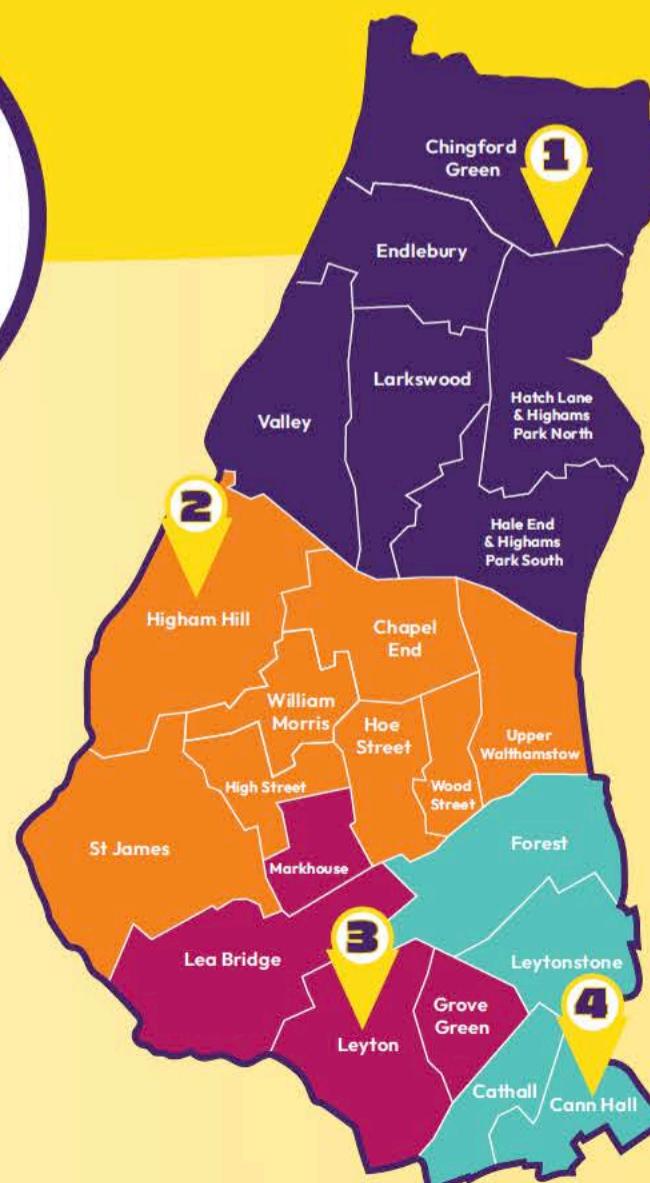
A place for families – visit your local hub today!

Find Helpful Hakim, Curious Carina and their other super-friends at our brilliant Children and Family Centre Hubs, where you will be able to get information, advice, and support on a wide range of topics, including family support, health and child development, free early years education, and training and development.

You will also be able to access sessions to help with your child's communication and social skills, whilst also building support networks with other parents and carers in the borough.

Family hubs are open Monday to Friday 9am-5pm.

Learn more at walthamforest.gov.uk/beststartinlife



1

Chingford Children and Family Hub

5 Oaks Grove, Chingford, E4 6EY
Tel No. 0208 496 1551

2

Walthamstow Children and Family Hub

313 Billet Road, Walthamstow, E17 5PX
Tel No. 0208 496 3511

3

Leyton Children and Family Hub

215 Queens Road, Leyton, E17 8PJ
Tel No. 0208 496 2442

4

Leytonstone Children and Family Hub

2-8 Cathall Road, Leytonstone, E11 4LF
Tel No. 0208 496 2960



03

Pride of
Waltham Forest

08

Homes for
Ukraine

14

Dementia
Friendly Borough

19

Black
History Month

23

No Space
for Hate

Waltham Forest

OCTOBER 2022 | NEWS | ISSUE 246

GET
YOUR
FREE
COPY

Your crisis, our action

Winter support package announced by Council

Waltham Forest Council has announced details of its winter plans to help the community in the face of the cost-of-living and climate crises.

The plans will focus on those members of the community who are in the most need, ensuring that they have help accessing financial support as well as sharing practical advice about reducing energy bills, keeping warm, and eating well without breaking the bank.

Please don't struggle alone – there is help in Waltham Forest.

The Council is also in the process of creating community living rooms across the borough, offering a safe, warm, and judgement-free space at council buildings such as libraries, or community spaces and churches. Free warm items such as



See page 7

Waltham Forest pays respects to HM Queen Elizabeth II

blankets will be available at these locations for people to take home.

Cllr Grace Williams, Leader of the Council, said: "We cannot wait for the government to wake up

to the scale of this crisis. People are looking to us and to local charities because they are worried about their finances and families. We will act to help those who need it most, and we will act now.

"I am determined to make sure that every child in the borough is warm and well fed over the winter."

If you're facing financial hardship now visit bit.ly/LBWFSupport to see what

assistance is available for you. Please don't struggle alone – there is help in Waltham Forest.

MORE COST OF LIVING HELP
ON PAGE 4



26th Nov 2022 10am – 1pm
(last entry 12.30pm)

OPEN DAY

Take control of your future...

✉ info@sgmc.ac.uk ⚡ /monouxcollege ⚡ @monouxcollege ⚡ /monouxcollege



To apply now, visit www.sgmc.ac.uk



Council Leader, Cllr Grace Williams



Getting ready for the winter

The main concern for many residents as we head into winter is the cost-of-living crisis. Council officers and community groups have worked together to get extra support ready, especially for the most vulnerable in our community.

This includes opening community buildings as living rooms where residents can access

information and advice on their finances and at the same time receive hot meals and drinks, and setting up a funding pot to pay for winter coats and school uniforms for children who are in need.

Additionally, we will host a series of energy efficiency roadshows with our partners The HEET Project for people to get free advice on reducing their energy bills and saving

energy. That's in addition to the new online Health & Wellbeing directory that will clearly list places residents can access cost of living support in one handy website.

In this issue of WFN, you will find a lot of info about where you can access help and support and what's available. Please do cut out and keep the details so that you have them to hand and share

them with relatives or neighbours who may not have seen them. It's so important at difficult times like this that we as community come together and take extra care of our most vulnerable friends, neighbours, and family members.

It's not just existing members of our community who need extra help. Refugees fleeing conflict and strife are desperate

for extra support as well. We are working with partners from the Lloyd Park Children's Charity to set up a crowd-funder to help them as well this Christmas – please look out for more details very soon in our Residents' News e-newsletter or our social media channels.

Thank you for anything you are able to give – it will make a big difference this winter.

• LEADER'S SPOTLIGHT •

Pakistan floods appeal

Pakistan is experiencing devastating flooding that has left six million people in need of urgent help.

£10 could provide vital hygiene supplies for two people, while £50 could provide emergency shelter for two entire families.

We are encouraging residents in a position to assist to donate through the Disasters Emergency Committee at dec.org.uk



Jobs

The council is one of the area's largest employers and we have a wide range of jobs available – from school jobs working to give our young people the best start in life to enforcement officers helping to keep the borough clean and free for everyone to enjoy, there's an opportunity for everyone to learn new skills and develop their career with us here at Waltham Forest Council. Visit bit.ly/jobs_WF



Christmas

It's beginning to look a lot like Christmas! As we move toward the most wonderful time of the year, we're getting ready to put on a range of great events for families across the whole borough featuring local traders and performers.

I can't wait to share the full line-up with you soon – we'll release the details across our social media channels and e-newsletters as well as in local libraries and council buildings.



Contact Waltham Forest Council



www.walthamforest.gov.uk

BETTER
ONLINE | More services available online.



Waltham Forest News

Edited by: Corporate Communications Team

Waltham Forest News wants to hear from people in the local community. If you have a story that you'd like us to cover, email walthamforestnews@walthamforest.gov.uk.

facebook.com/walthamforestcouncil

@lbwalthamforest

Advertising and promotional enquiries:

Please email:
advertisingwfn@walthamforest.gov.uk

Waltham Forest Council does not accept responsibility for the content of any non-council advertisements in Waltham Forest News.

Their inclusion does not mean that the council endorses the company or product being advertised.

Waltham Forest News is produced using trees from sustainable managed forests where more trees are planted than felled. Please recycle Waltham Forest News when you have finished with it.



Waltham Forest News is published quarterly by London Borough of Waltham Forest with a print run of 123,000 copies delivered to homes, organisations, businesses and bulk drops in the borough.

The official independently audited free letterbox delivery of Waltham Forest News is 102,773 ABC Regional January to December 2021



Awards celebrate the best of our borough

We want you to help us celebrate the best in the borough for the Pride of Waltham Forest awards – and we need your nominations.

The awards will acknowledge and thank the people in our communities who go above and beyond, whether they're the quiet heroes or the stars of their local area. If you think a local community group deserves a big well done, or a friend or family member should be recognised for doing everything they can to help the people of Waltham Forest – tell us today.

Since the last awards ceremony in 2019, the world has changed in many ways. The awards seek to acknowledge the people who have been a constant source of strength and kindness throughout this tough time.

Leader of the Council, Cllr Grace Williams, said: "The Pride of Waltham Forest Awards celebrate the people who go above and beyond to make this a wonderful and unique place to live and visit. We're looking for quiet local heroes and neighbourhood stars, the mildest shop owners and the most passionate volunteers.

"The Pride of Waltham Forest Awards celebrate the people who go above and beyond to make this a wonderful place to live"

"I'll be one of the judges choosing between nominations, and I can't wait to hear more about our amazing residents. We will also establish a panel of community partners to judge on community focused awards. My own award, the Leader's Civic Award, will celebrate a person with dedicated long service to the borough."

Pride of Waltham Forest Awards congratulate the unsung heroes of our communities

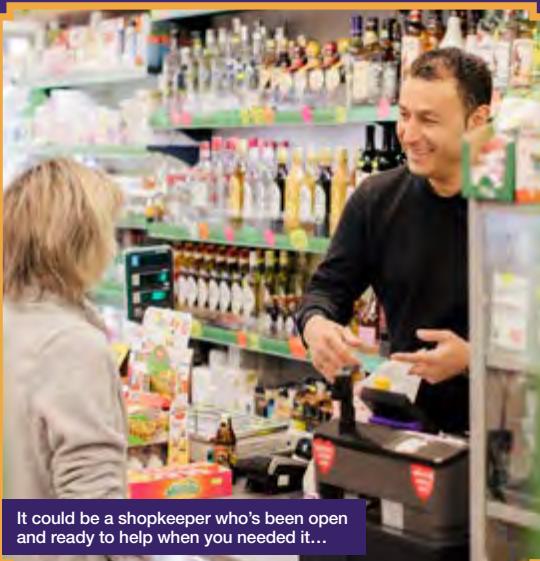


The categories for the Pride of Waltham Forest Awards are as follows:

Health and Wellbeing Champion of the Year
Community Sports Club of the Year
Waltham Forest for All Award
Stronger Waltham Forest Award
Local Business of the Year
Community Culture Award
Mayor's Public Service Hero
Climate Champion
Volunteer of the Year
Voluntary and Community Sector Organisation of the Year
Leader's Civic Award



NOMINATE TODAY
at bit.ly/pridewfawards
or scan QR code.



It could be a shopkeeper who's been open and ready to help when you needed it...



...say thank you with a Pride of Waltham Forest Awards nomination!



Or someone who's given up their time to help out at a food bank...



Or a Legends of the Forest volunteer who helped with the vaccine rollout...

Answering your cost-of-living questions

Residents reassured during online session

On Wednesday 5 October the Leader of Waltham Forest Council, Cllr Grace Williams, joined Nazmul Khalique (Citizens Advice Waltham Forest) and Alex Hodson (The HEET Project) to answer questions from residents about the cost-of-living crisis.

The event took place between 5.30 and 6.30pm and was streamed via Facebook.

Residents were invited to submit their questions about how they can access financial support, reduce energy bills, and provide their family with healthy, cost-effective meals. Nearly one hundred questions were received in the run up to the event, and the panel worked hard to answer as many as possible.

You can watch the entire event again at bit.ly/WF_QandA. There will be more Let's Talk Waltham Forest sessions over the coming months covering a range of topics – we will share details of how you can get involved on our social media channels and the Residents' News e-newsletter.

Nazmul from Citizen's Advice Waltham Forest shares his top budgeting tips

1. Keep a personal budget

If you are struggling, keep a record of your income and outgoings and engage with any creditors. This will highlight any financial difficulties you may be facing, and creditors should provide tailored support. Ensure that priority bills such as rent, Council Tax, and gas and electricity are budgeted for.



2. Ensure that you are claiming all the benefits you are entitled to

There is a significant under-claiming of Pension Credit amongst pensioners. You can check if you are entitled to any extra benefits by contacting Citizens Advice on **08082787838** or by using this handy benefits calculator: benefits-calculator.turn2us.org.uk

3. Seek extra financial support

There are several schemes that can help with the cost of bills. For example, the Charis Trust Fund can provide assistance with fuel arrears, Thames Water's Water Help and Water Sure Scheme can reduce ongoing water liability, and the Discretionary Council Tax Support Scheme may write off Council Tax arrears if financial hardship can be shown.

Visit www.citizensadvice.org.uk for more advice.

Alex from The HEET Project shares his top energy saving tips

1. Check your meters regular

If you don't have a smart meter, make sure you are checking your readings regularly and sending them to your energy provider - this will mean that you are charged the correct amount based on your usage.



2. Understand heating controls

Make sure you are using your room thermostat and programmer (if you have one) so that your heating is on only when it is needed. Keep your thermostat temperature to 21 degrees. If you're not sure how your system works, try checking online to see if a user guide is available.

3. Efficiency upgrades

Get advice on whether your homes could be better insulated, or whether your heating system could be upgraded. There may be grants available to help you pay for any changes so check your eligibility. For those living in rented properties, simple things like buying draught excluders will quickly pay for themselves.

Visit www.theheetproject.org.uk for more advice.

What lies ahead this winter?

The challenges we are facing in Waltham Forest



Inflation has reached 9.9 per cent,

making food and other essentials more expensive.

Bank of England, September 2022



Over 11,000 households are regularly using foodbanks

based on data from the Felix Project, a local food distribution partner.

Felix Project June 2022



Waltham Forest has the fourth highest

fuel poverty in London, as data suggests 17,000 households live are experiencing difficulty in Waltham Forest.

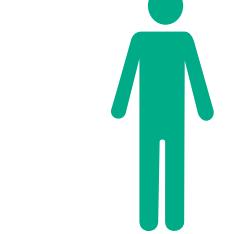
BEIS April 2022 (2020 data)



43 per cent of children

are in poverty, meaning 25,400 children live in a household that does not have sufficient income to make ends meet after housing costs.

Local Child Poverty Indicators Report 2022



One in three residents

say the cost-of-living crisis is their biggest worry as we head into the winter.

Why I am collecting for Solace Woman's Aid

GUEST

Column

Guest column from the Mayor of Waltham Forest Cllr Karen Bellamy

Many years ago in a long past relationship, I was a victim of domestic violence.

Lots of people say to me when they find this out is that they can't believe someone as strong as me would be in that situation.

But it's not that simple.

During the time I was in this relationship I changed dramatically. I became much quieter, more withdrawn, not wanting to go out.

But it never showed - makeup on, clothes looking good and very "put together". I had to maintain the façade. If I

didn't, I felt I would completely crumble. By the end, I was a husk of my former self.

I feel one of my missions is to act as a role model. I came

I feel one of my missions is to act as a role model

from being quite broken to being elected as a Cllr, getting into cabinet, being a chair of Scrutiny and now Mayor of Waltham Forest.

If I can do it, then anyone can.

We now have so much more to help people in these situations. The Council now

has an independent domestic violence advisor in the housing department.

I have seen the work Solace

does and it's just fantastic. I spent three hours with the staff a few weeks ago and was utterly amazed by the knowledge, dedication and more than that, their real passion for what they do.

More info

If you're experiencing domestic abuse you can visit bit.ly/DV_Support for support

Please support Solace Women's Aid if you are able: www.justgiving.com/wfmbf



Mayor of Waltham Forest
Cllr Karen Bellamy

Council succeeds in pension fund divestment from fossil fuels

Waltham Forest first UK council to fully divest its directly managed funds

Following its 2016 announcement that it would divest its pension fund from fossil fuels, Waltham Forest Council's Pension Committee has completed the task of divesting its directly managed funds.

Waltham Forest is the first authority to complete this work. Other councils including Luton, West Berkshire, and Oxfordshire are currently working to divest theirs.

Cllr Clyde Loakes, Deputy Leader and Cabinet Member for Air Quality and Climate, said: "Often when people talk about tackling the Climate Emergency, they are discussing the tangible actions that we can all see. Of course, improving our roads, planting more trees, and retrofitting homes are incredibly important – but so is the behind-the-scenes work that people may not see, such as this incredible achievement divesting our pension funds."

"Moving away from investments in oil, coal, and gas companies in favour of investing in those working on sustainable or renewable energy like solar or tidal helps these new technologies become better, more efficient, and more readily available."

"UK pension funds have an estimated £128 billion invested in fossil fuels"

UK pension funds have an estimated £128 billion invested in fossil fuels according to research by Friends of the Earth in 2021 – equivalent to £1916 per UK citizen. Local government pension funds account for £10 billion of this.

The decision to divest helps protect the pension fund against overexposure to stranded assets,

investments that once produced income but no longer do so – oil, gas, and coal stocks have fallen while over the same time period renewable energy technologies have become cheaper.

Divesting from fossil fuels helps to achieve the shift away from high-emission energy sources towards renewable ones such as solar, wind, and tidal.

Cllr Johar Khan, Pension Committee Chair, said: "Divestment is not only a sensible decision that helps protect the pension fund from stranded assets, but it also underlines our determination to do all we can to tackle the challenges of the Climate Emergency."

More info

Find out more about what you can do to tackle the climate emergency at bit.ly/ClimateActionWF



Our young people need us to take serious action to tackle climate change now

the Superdrug ★ mobile network



**Unlimited Data
Unlimited Calls
Unlimited Texts**

Powered by



www.superdrugmobile.com



Scan to get your SIM

Remembering H.M. Queen Elizabeth II

Memorial garden behind the Town Hall will commemorate Britain's longest-reigning monarch

On Thursday 8 September, Her Majesty Queen Elizabeth II passed away after 70 years of service. Her death brings to an end the longest reign of any British monarch, and tributes poured in from across the world as the news broke.

The Leader of Waltham Forest, Cllr Grace Williams, paid tribute to the monarch: "I would like to first and foremost pay my heartfelt respects to the life of an incredible woman, whose devotion and service to her country and its people is an inspiration to us all."

"To serve as Head of State and the Commonwealth for over 70 years will go down in history as something extraordinary during a time of turmoil and change.

"My thoughts go especially to her family.



The Mayor of Waltham Forest Cllr Karen Bellamy speaks at the proclamation of King Charles III on Sunday 11 September

Whilst this is a moment for all of us to remember an incredible life, we mustn't lose sight of the life beyond the public gaze to those who knew her personally and shared with her the burden of her duty."

At Fellowship Square, members of the public left floral tributes by the flagpole as the union flag flew at half-mast during the official period of national mourning.

Books of Condolence were opened at Town Hall and Chingford, Leytonstone, and Walthamstow libraries so that members of the public could leave tributes.

On Sunday 11 September, the Proclamation of King Charles III took place at Fellowship Square at a service attended by the Mayor, the Leader of the Council, and the Leader of the Opposition Cllr Emma Best.



Floral tributes in Fellowship Square

.....
"A new memorial garden behind the Town Hall will be a permanent memorial to H.M. Queen Elizabeth II"
.....

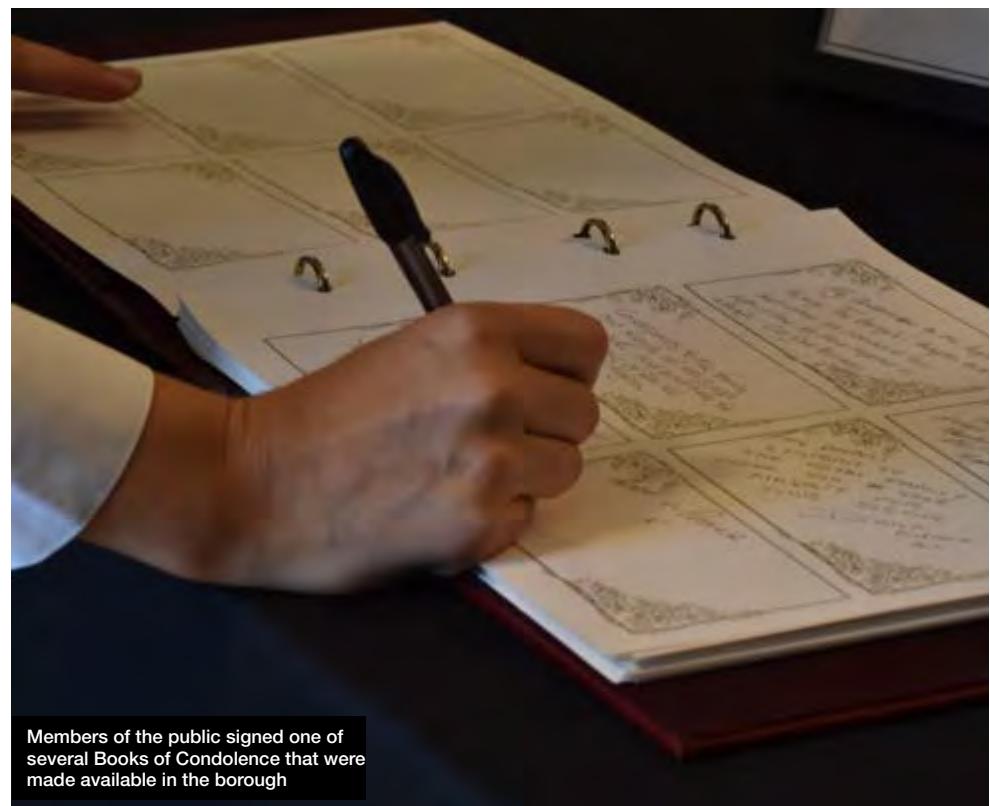
Additionally, an Extraordinary Council meeting was called on Thursday 22 September for the public to join local councillors from all parties alongside local faith and humanist leader to pay their last respects.

With support from partners Wood Street Walls, Waltham Forest College, London

Design Festival, and William Morris Design Line, 96 small trees – one for each year of Her Majesty's life – were given to attendees.

It was also announced that a memorial garden for visitors to sit, relax, and reflect would be created just behind Town Hall to act as a permanent tribute to Queen Elizabeth II.

In memoriam Her Majesty Queen Elizabeth II, 1926 - 2022



Members of the public signed one of several Books of Condolence that were made available in the borough

A life interrupted by war

"It's hard to start a new life when people you love are in danger."

After touring London and Yorkshire as a teenager with her school choir, Anastasia Medolyz's thoughts often turned to her next UK visit, but looking back now, she says: "I couldn't have imagined I'd ever be here for this reason."

It was then in 2005 that the now 32-year-old Kyiv native first met Celia Quartermain and her husband Steve, who now sponsor Anastasia and her six-year-old son at their home in Leyton after fleeing Ukraine.

"In ten minutes we woke up our child, got in our car, and drove west for seven hours."

Anastasia had only just begun a new media job in Kyiv when her husband urged the family to flee the city and head west: "We had heard that the Russian army was at the border but I didn't want to believe it.

"At five in the morning we woke up to loud explosions, my husband looked out the window and saw a rocket destroy an area near the home of one of my friends. In ten minutes we woke up our child, got in our car, and drove west for seven hours.

"We tried to pick up my grandmother on the way but her town was already under Russian control and cut off from electricity, water, gas or anything. And her phone was switched off."

Having escaped Ukraine, it took the family three weeks to find a volunteer who could reunite her grandmother with Anastasia's mother safely back in Kyiv: "This volunteer is now in Russian captivity," she says. "I only found out when I tried to message him and a Russian soldier wrote back from his phone."

Celia and Steve, at home in London, immediately reached out to offer support: "My daughter, who is a good friend of Anastasia's, had been messaging her and said to me 'I just don't know what to say to her,' says Celia. "So I just said, 'Tell her we'll take them in.'

"I have had nothing but support here from the beginning, every service. I am really thankful for this," says Anastasia from the



Anastasia Medolyz and Celia Quartermain

Quartermain family home in Leyton. "When the war ends and Ukraine wins, I want to go home and support my country and live and work in my native city, but I will always remember everything this country has done for Ukrainians."

So I just said, 'Tell her we'll take them in'

With her son soon to start school at a local primary, Anastasia – whose father is serving on the front line in Ukraine – is in two minds about the future: "On one hand you need to support yourself and your family and do everything you can to survive. But on the other you are worried about your relatives, your friends in Ukraine.

"It's a strange feeling for Ukrainians, now a lot of doors are open in different countries, but the only door you want to open is the one that takes you home."

More info

Find out more about what Waltham Forest is doing to support those fleeing the conflict at bit.ly/HomesForUkraine



Anastasia first met the Quartermain family in 2005



think
BIG

OPEN EVENT

19th October, 4pm-7pm

Join us at our Open Event!

Guided Campus Tour

Chat to Students and Staff

Interactive Taster Events

Apprenticeship Workshops

Admissions Advice and Guidance

Apply for a Course



Visit waltham.ac.uk or
scan the QR code to register.

**We are your local charity
supporting people aged 60+,
with a growing range of activities
and services - from Advice to
Zumba - at free or low cost.**

Our Services

- Footcare
- Handy Person
- Help at Home
- Information & Advice maximising income service
- Veterans Support
- Computer Classes



**Befriending volunteers
needed** - plus other
volunteering opportunities
available!

Our Activities

Table Tennis - Resource Hub E4 - Tuesday 2:00pm and 3:15pm	£3	Tai Chi - Free (donations welcome)
Seated yoga - Resource Hub E4 - Wednesday 2:00pm	£5	Mornington Hall E4 - Wednesday 11am
Healthy Hearts Exercise Class		Seddon Centre E11 - Wednesdays 10am
Winchester Road Methodist Church E4 - Tuesday 4:30pm	£4	Leytonstone Library E11 - Fridays 11:30am
Fitness Classes (Strength based)		Lea Bridge Library E10 - Wednesday 11.45am
Yonder Blackhorse Road E17 - Monday 1:30-2:30pm	£4	Leyton Library E10 - Friday 9.30am
Zumba - CRATE E17 - Wednesday 10am	£4	Priory Court E17 - Mondays 2.15pm
Walking Football -		Piano Club - Resource Hub E4 - Wednesday 3:15-4:45pm
Feel Good Centre E17 - Thursdays 10:30am		Coffee Club - Resource Hub E4 - Wednesday 10am-1pm
Pastures Youth and Sports Centre E11 - Monday 10:30am		Wellbeing Café - Resource Hub E4 - Friday, 10am-1pm (Coming November)
Walking Netball - Coming Soon	£4	

Get in touch to find out more!

Age UK Waltham Forest, Resource Hub North, 58 Hall Lane E4 8EU

020 8558 5512 | Info@ageukwalthamforest.org.uk | ageuk.org.uk/walthamforest

A new era for policing by consent

Borough Commander at North East Borough Command Unit, Simon Crick



L-R: Cllr Khevyn Limbajee, Simon Crick, and Cllr Grace Williams

It is here on a warm Friday afternoon from my office at Chingford Police Station that I finally pause to reflect on my first twelve weeks as BCU Commander for Waltham Forest.

To say it has been an exhilarating and exhausting rollercoaster ride would be an understatement.

That's not to take away from the seriousness of the role and the enormity of the challenge ahead. The violence we saw

in Waltham Forest over the summer has placed community safety among the very top concerns of local residents, and rebuilding public confidence in the Metropolitan Police is key to addressing that concern.

That's why last month I outlined a new roadmap for leading a local service that reflects the community it serves, understands and responds to the needs and concerns of local people and delivers a revitalised culture of policing by consent through collaboration with the Council and community partners.

This was front of mind when I recently addressed Waltham Forest's latest intake of police recruits in a hot sticky room in Stratford Police Station.

I spoke of my father's advice as a police officer to always talk to people as if they were your mother, father, brother or sister.

The people you serve may not remember your name, but they will remember how you made them feel and it is your duty to make every interaction a positive and professional one.

Talking to the new recruits

I was immediately struck by the diversity in the room and it is this diversity of ethnicity, age, gender, and thought that fills me with hope for the future.

"I spoke of my father's advice to always talk to people as if they were your mother, father, brother or sister."

I look forward to working with Cllr Khevyn Limbajee and the Council's new Corporate Director of Community Safety, Dan Greaves, in making Waltham Forest a borough where every resident can feel safe in their home and community.

More info

Sign up to the Council's regular Community Safety newsletter at bit.ly/ENewsCS

BOOST YOUR IMMUNITY THIS WINTER

- FLU JAB
- + COVID-19
- BOOSTER

Flu and Covid-19 can be life-threatening and spread more easily in winter.

Most adults and children will be eligible for a Flu jab, Covid-19 booster or both.

Don't delay, book your vaccinations now.

NHS



Visit your GP or pharmacist, or book online:
www.northeastlondon.icb.nhs.uk/wintervaccinations

RECORD BREAKERS

Leyton Orient Football Club's start to their Sky Bet League Two campaign has not just lived up to the high expectations they set, but surpassed any previous start to an English fourth division season.

On Saturday 24th September, in beating Barrow AFC 2-0, The O's broke the record for the most successful start to an English fourth division season. Orient went nine wins, one draw and zero defeats in their first ten matches.

Only three other teams have achieved such feat in English Football's top four divisions since 2005, Chelsea, Manchester City and Liverpool.

Leyton Orient find themselves in elite company, but this weekend face the hardest test of their season so far as they play third-placed Northampton Town at Brisbane Road.

Tickets for the match are very limited, but tickets are also on sale for Orient's home match against Salford City on Saturday 29th October.

Salford themselves are off to a solid start to the season, sitting in fourth place, comfortably in the League Two playoff zone. The match is set to be an enthralling one, and tickets are again in high demand, so if you intend on making it down to Brisbane Road, you can purchase tickets in advance from Orient's ticket site at www.lofc.link/tickets.

Hi everyone,

*My name is **Darren**, and I'm the Captain of Leyton Orient Football Club.*

The lads have got off to a great start to the season, we're immensely proud of what we've achieved so far, but we know we still have a long way to go.

Throughout the opening stages of the season, our fans have been vital to our on-field performances, which can be seen in the feeling of togetherness around the stadium.

We would love to welcome you into our home, where I have no doubt you will have an experience that will live long in the memory.

See you soon,

Darren

D. Pratley

Darren Pratley
Captain - Leyton Orient Football Club

SAT 15TH OCTOBER



Leyton Orient vs Northampton Town
Saturday 15th October – 3pm Kick-Off
Brisbane Road

VERY LIMITED TICKETS!



LOFC.LINK/TICKETS

Early Help Community Drop-In

Our Early Help Community Drop-In is here.

It's a place where everyone can come to get friendly support and information from local volunteers, community organisations and Waltham Forest Early Help teams in an informal space.

We can help you with information about local services, support for parents, community activities, and help to use online services and more.

Drop in from 9:45-11:15am

FREE DROP IN SESSION
NO NEED TO BOOK

TUESDAY
LEYTON
CHILDREN AND
FAMILY CENTRE HUB

215 QUEENS ROAD, E17 8PJ

WEDNESDAY
CHINGFORD
CHILDREN AND
FAMILY CENTRE HUB

5 OAKS GROVE, E4 6EY

THURSDAY
WALTHAMSTOW
CHILDREN AND
FAMILY CENTRE HUB

313 BILLET ROAD, E17 5PX

FRIDAY
LEYTONSTONE
CHILDREN AND
FAMILY CENTRE HUB

2-8 CATHALL ROAD, E11 4LF



Can you help?

You can find out how to volunteer here:



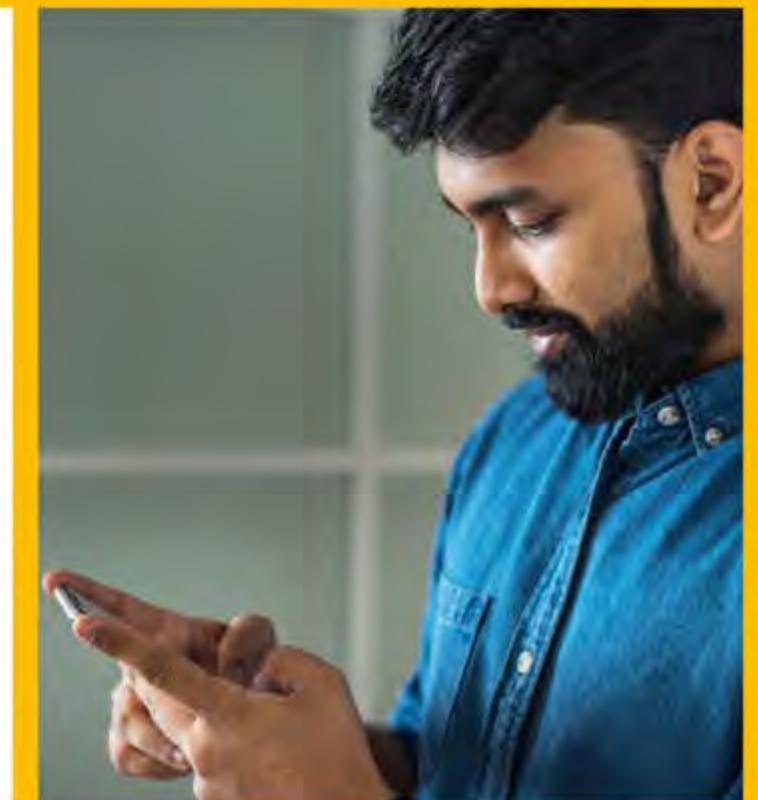
Worried about your drinking?

Take the two-minute Alcohol Test to find out if you're a low, increasing or high risk drinker

- It's free and confidential
- Access personalised information
- Find local support
- Book free online coaching sessions



Scan the QR code or search drinkcoach.org.uk



Need additional **support** with your drinking? Access **free*** and **confidential** online coaching sessions with an Alcohol Specialist. **Take the Alcohol Test** to see if you can benefit.

*Residents are entitled to a maximum of six sessions worth £330, paid in full by Waltham Forest Council



Uniting the community through hip hop

Bridging the generation gap with dance



Charlie helps a group of residents brush up on their hip hop dance skills

In 2012, Charlie Blair was a homeless teenager in the YMCA on Forest Road. Ten years on, she hosted a community event across the road in Fellowship Square.

Charlie, founder of social enterprise Blair Academy, uses her experiences as a professional dancer, carer, and homeless teenager to help others. She delivers hip hop dance workshops to older adults in care and community settings

across Waltham Forest to combat loneliness, boost physical and mental health, and bridge social and generational gaps.

"It was a chance for people to socialise with people they may not ordinarily cross paths with"

In July, funded by a 'Make It Happen' grant and part of the Council's Free Summer

Starts Here programme, the Blair Academy hosted the 'Hip Hop Tea Dance with a Twist' in Fellowship Square.

Charlie said, "Tea dances are loved among the older generation, and we wanted to bring our own Hip Hop version to Fellowship Square. It was a chance for people to socialise with people they may not ordinarily cross paths with and learn new dance moves.

"Since the pandemic, many



Smiles all around at a Blair Academy session

older adults have experienced social isolation and inactivity, so it was amazing for us to receive funding to host this special event. A woman commented on how 'refreshing' it was to see the older generation getting involved with a fun, energetic dance style."

Charlie used her personal experience of homelessness as a springboard to become an entrepreneur. She reflected, "It was particularly momentous for me to hold this event here

because I lived in the YMCA opposite in 2012. I've taken painful moments in my life and turned them into something with purpose and social value."

The Blair Academy also launched an intergenerational social club on Beaumont Estate, Leyton, connecting young residents with elderly neighbours. Charlie returns to Fellowship Square in October to co-host Tai Chi vs. Hip Hop as part of the Community in Fellowship Square fund.

Becoming a dementia friendly borough

Leyton Dementia Hub provides support for those living with dementia and their families



Fun activities keep those living with dementia active and involved

It is estimated that just under 2,000 people are living with dementia in Waltham Forest with 1,247 currently diagnosed.

The Dementia Hub, located in Sidmouth Road in Leyton, is

a space for people living with dementia and their carers. It offers services such as drop-in advice sessions and a weekly dementia-friendly walk.

Recently, the hub hosted workshops to explore how

sensory stimulation – such as touching materials and smelling oils – can positively impact the emotional wellbeing of those living with dementia.

Dr Danielle Nimmons, a researcher at University College

London, said: "Sensory stimulation can help a person with dementia by evoking memories, feelings, and emotions. It can also help residents socialise and stay connected with loved ones. Research shows that engaging the senses can help with emotional wellbeing, including easing feelings of depression and anxiety."

Evalina, who is living with dementia, shared: "One of the materials reminded me of a crushed velvet jacket I had back in the 70s. I also enjoyed the scent and herb session. The rosemary made me think of roast lamb and the cinnamon reminded me of Christmas."

The Dementia Hub plans to launch a beauty salon in October for people living with dementia and their carers. It will be fully equipped with dementia-friendly features, including a blind which covers the mirror if the person does not recognise their own reflection.

Councillor Louise Mitchell, Cabinet Member for Adults at Waltham Forest Council said, "We are delighted to have been recognised as a borough working towards becoming dementia friendly by the Alzheimer's Society.

"The rosemary made me think of roast lamb and the cinnamon reminded me of Christmas"

That is testament to the hard work put in by professionals and volunteers at the Dementia Hub.

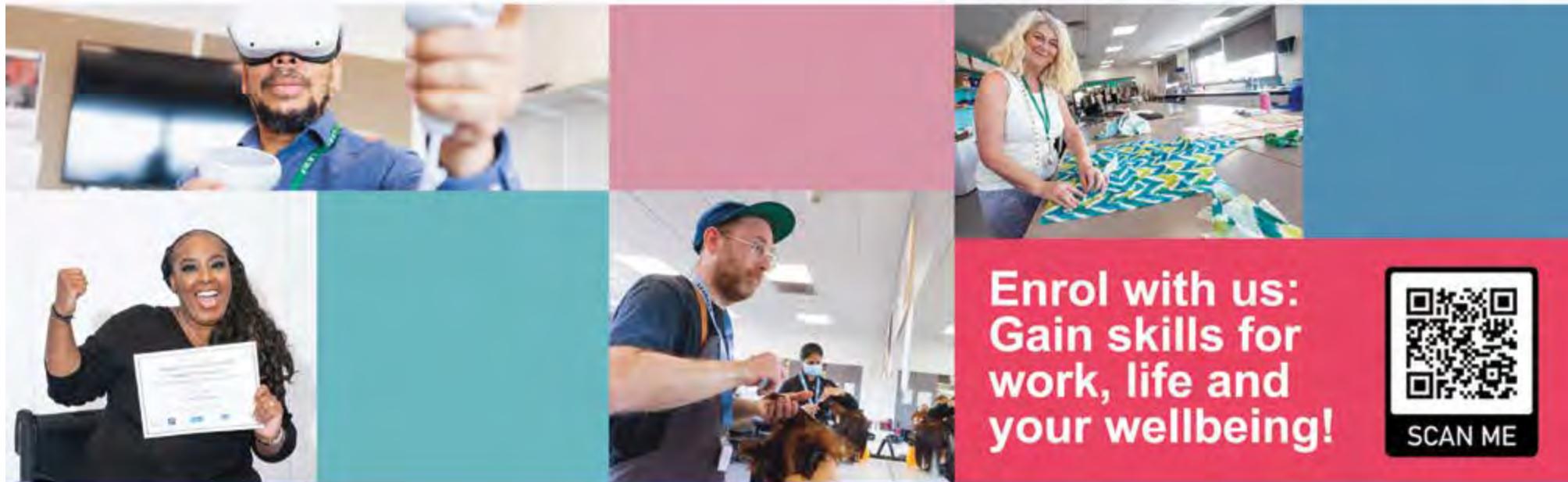
"If you have a loved one who is showing signs of dementia, we have an array of services available with our partners to support you and them."

More info

For more information visit walthamforest.gov.uk/dementiahub

September 2022 - July 2023

Courses and training



**Enrol with us:
Gain skills for
work, life and
your wellbeing!**



Employment, Business and Skills
Connecting people with jobs



Interested in working at Barts Health NHS Trust?

NHS
Barts Health
NHS Trust

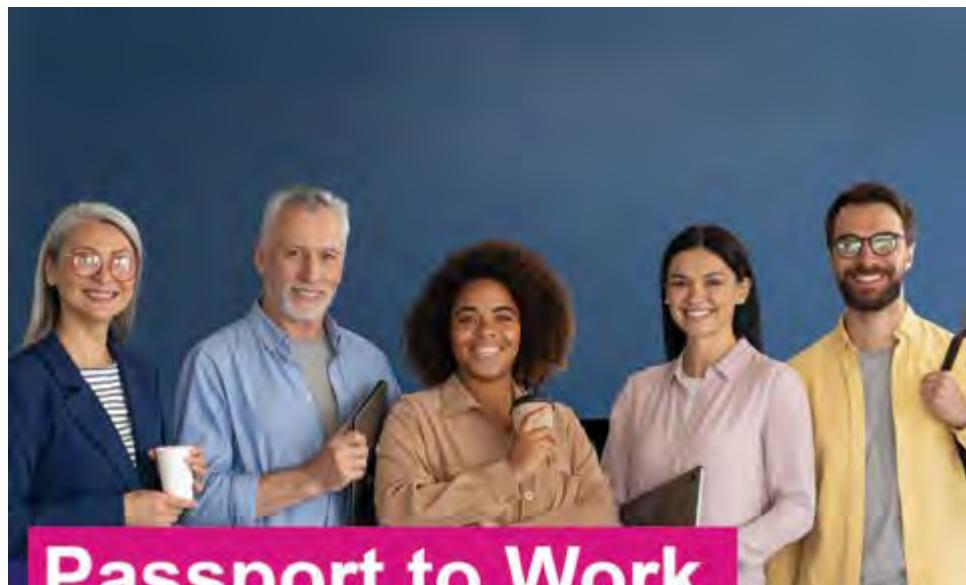
Waltham Forest Adult Learning Service in partnership with Barts Health are offering you an opportunity to start a career within the National Health Service (NHS).

- **FREE Training**
- **Work placement**
- **Entry Level Job opportunities**
- **Admin/clerical, Healthcare Assistants, Medical Lab Assistants, Phlebotomists**

To register your interest scan QR code or email:
OpportunitiesTeam@walthamforest.gov.uk



* Restricted to residents of Waltham Forest



Passport to Work

Skills and expert support to help you get a new job

A free programme for unemployed Waltham Forest residents, providing support to help you get a job and gain digital and work skills.

- Complete an individual programme based on your needs.
- Get the opportunity to take part in work experience.
- Gain access to full and part-time vacancies.
- Get 1 to 1 coaching to develop your interview skills.

For more details or to book onto one of the information sessions visit:
Website: www.lbwfadultlearning.co.uk
Call us on: 020 8496 2974

Enrol today.

You can take a course for free or get a discount of up to 70 per cent depending on your circumstances.

For details phone 020 8496 2974 or book online: www.lbwfadultlearning.co.uk

Course code	Course title	Venue	Start date	Start time	Wks	Costs
Accounting & Finance Courses						
BU0041A	AAT Level 2 Certificate in Accounting	JC	09/01/2023	18:30	23	£845
BU0038A	AAT L1 Award in Bookkeeping	JC	21/04/2023	10:00	12	£284
Business Enterprise & Social Media						
BU0034A	Introduction to Business Skills	JC	13/01/2023	10:00	10	£194
BU0043A	Starting Your Own Business	JC	18/01/2023	18:30	10	£142
BU0045A	Team Leading	QR	22/02/2023	10:00	16	£808
BU0044A	Starting Your Own Business	JC	26/04/2023	18:30	10	£142
Childcare Courses						
CH0004AG1	Caring for Children Entry 3	QR	22/02/2023	10:00	15	£280
CH00021N	Childminding Level 3	QR	22/02/2023	18:30	12	£169
CH0008AG1	Childcare Level 1	QR	24/02/2023	10:00	16	£30
Creative Courses						
AC0200C1	Applique Embroidery	QR	31/10/2022	10:00	5	£80
AC0277C1	Beginner's Upholstery	QR	02/11/2022	18:00	10	£149
AC0276C1	Beginner's Upholstery	QR	02/11/2022	10:00	10	£149
AC0131C1	Develop Oil Painting	OL	03/11/2022	13:30	6	£80
AC00006A	Start Sewing	QR	05/11/2022	10:00	5	£65
AC0171C1	Start Wood Engraving	QR	05/11/2022	10:00	3	£50
AC0170C1	Ink and Wash Techniques	QR	08/11/2022	10:00	3	£50
AC0212C1	Alterations	QR	10/11/2022	18:00	5	£80
AC00028C1	Upcycling Garments	QR	15/11/2022	18:00	5	£80
AC00022C1	Ceramics L1	JC	05/01/2023	10:00	12	£167
AC00003A	Garment Making for Employability L2	QR	11/01/2023	09:30	23	£287
AC0279A	Upholstery L1 (Intermediate)	QR	11/01/2023	18:00	14	£186
AC0278A	Upholstery L1 (Intermediate)	QR	11/01/2023	10:00	14	£186
AC00018C1	Art: Start Oil Painting	OL	13/01/2023	10:00	5	£80
AC0208C1	Ceramic Studio Practice	JC	16/01/2023	18:00	6	£221

Creative Courses (Continued)							
AC0121C1	Pattern Cutting classic summer coat	QR	18/01/2023	18:00	8	£120	
AC0161C1	Ceramics Improvers	JC	20/01/2023	10:00	8	£121	
AC00016C1	Art: Experience Printmaking	QR	24/01/2023	10:00	8	£121	
AC0233C2	CL Fabric Flowers Online	OL	24/01/2023	14:30	3	FREE	
AC00017C1	Art: Drawing Techniques	OL	26/01/2023	10:00	8	£121	
AC00117C1	Garment Making Beginners	QR	28/01/2023	10:00	7	£121	
AC00007A	Start Sewing	QR	20/02/2023	10:00	5	£65	
CO0309C2	Decorative Stitching Workshop	SP	21/02/2023	10:00	5	FREE	
AC0213C1	Embellishment	QR	21/02/2023	18:00	5	£80	
CO0312C2	Mindful Art – Exploring Nature and Art	HH	22/02/2023	10:00	5	FREE	
AC0137C1	Develop Drawing Techniques	QR/BL	23/02/2023	13:30	6	£80	
AC0127C1	Vintage Dress Patterns	QR	23/02/2023	18:00	5	£80	
AC0204C1	Start Collage	QR/BL	24/02/2023	10:00	3	£80	
AC0165C2	Kitchen Sink' Printmaking	JC	27/02/2023	10:00	5	FREE	
AC0210C1	Woodcut Printing	JC	27/02/2023	14:00	5	£80	
English Courses							
EN0039C2	Book Club	QR	17/11/2022	16:00	5	FREE	
EN00025C1	Creative Writing	QR	19/01/2023	12:30	10	£120	
EN0040C2	Book Club	QR	02/03/2023	16:00	5	FREE	
EN00027C1	Creative Writing	QR	02/05/2023	12:30	10	£120	
EN0041C2	Book Club	OL	13/06/2023	16:00	5	FREE	
EN0045C2	GCSE English Taster	QR	17/06/2023	14:00	5	FREE	
Essential Digital Skills Courses							
DI00030C2	Introduction to Digital Skills	JC	01/11/2022	10:00	5	FREE	
DI00039X	EXCEL - basics	OL	26/11/2022	10:00	1	£36	
DI00040X	EXCEL - formulas and functions	OL	03/12/2022	10:00	1	£36	
DI00041X	EXCEL - charts	OL	10/12/2022	10:00	1	£36	
DI0076A	Essential Digital Skills Entry 3	QR	11/01/2023	10:00	11	FREE	
DI0079A	Essential Digital Skills Level 1	JC	11/01/2023	10:00	11	FREE	
DI00002A	Computers for Complete Beginners	JC	19/01/2023	09:30	10	£133	
DI00006A	Computers for Beginners	QR	20/01/2023	12:30	10	£133	
DI00038C2	Introduction to Digital Skills	QR	20/02/2023	10:00	5	FREE	
DI00028C2	Introduction to Digital Skills	QR	20/02/2023	13:00	5	FREE	
DI00031C2	Introduction to Digital Skills	JC	21/02/2023	10:00	5	FREE	
DI0090A	Essential Digital Skills Level 1	JC	23/02/2023	13:00	17	FREE	
DI00045X	EXCEL - basics	QR	11/03/2023	10:00	1	£36	
DI00046X	EXCEL - formulas and functions	QR	18/03/2023	10:00	1	£36	

Essential Digital Skills Courses (Continued)							
DI0108A	Digital and IT Skills Level 2	QR	24/03/2023	10:00	12	£193	
DI00047X	EXCEL - charts	QR	25/03/2023	10:00	1	£36	
DI0077A	Essential Digital Skills Entry 3	QR	26/04/2023	10:00	11	FREE	
DI0080A	Essential Digital Skills Level 1	JC	26/04/2023	10:00	11	FREE	
DI00003A	Computers for Complete Beginners	JC	27/04/2023	09:30	10	£133	
DI00052C2	Introduction to Digital Skills	QR	05/06/2023	10:00	5	FREE	
DI00029C2	Introduction to Digital Skills	QR	05/06/2023	13:00	5	FREE	
DI00032C2	Introduction to Digital Skills	JC	06/06/2023	10:00	5	FREE	
DI00023C1	Design your own website using Word Press	QR	24/06/2023	10:00	3	£75	

Family Learning Courses							
FA0132C4	Families celebrate Black History through Art and craft	QR	22/10/2022	13:00	1	FREE	
FA0154C3	Keeping Up with the Children Maths- KS1	QR	01/11/2022	10:00	5	FREE	
FA0172C4	Healthy eating and wellbeing for families	OL	02/11/2022	10:00	1	FREE	
FA0109C3	Keeping Up with the Children - KS1 Maths	QR	10/11/2022	09:30	4	FREE	
FA0151C3	E safety and Digital Skills	QR	21/11/2022	10:00	5	FREE	
FA0189C4	Families Festive Funday - Seasonal Sparkles	QR	03/12/2022	10:00	1	FREE	
FA0221C4	Families Storytelling and crafts for Chinese New Year	QR	14/01/2023	10:00	1	FREE	
FA0220C3	Money Matters - How to budget in challenging times	OL	16/01/2023	10:00	2	FREE	
FA0209C4	Families make a bird feeder	JC	28/01/2023	10:00	1	FREE	
FA0156C4	Create a World book day costume for Families	QR	25/02/2023	10:00	1	FREE	
FA0113C4	Let's explore Easter arts and Crafts- Learning Together	QR	01/04/2023	10:00	1	FREE	
FA0215C4	Families - Plant a seed and Watch it grow	HH	13/05/2023	10:00	1	FREE	

Hair & Beauty Courses							
HA00019A	Barbering Level 2	QR	03/11/2022	09:30	17	£362	
HA00046A	Level 2 Diploma in Women Hairdressing	QR	11/11/2022	09:30	28	£693	
HA00022A	Colouring level 2	QR	25/04/2023	16:30	10	£278	
HA00021A	Cutting Hair Level 2	QR	26/04/2023	09:30	10	£278	

Health and Wellbeing Courses							
CO0320C2	Wellbeing at Work - Focus on You	OL	19/10/2022	12:30	6	FREE	
CO0314A	introduction to First Aid for Mental Health (L2)	QR	01/11/2022	10:00	3	FREE	
CO0234C2	Introduction to Mindfulness	OL	01/11/2022	19:00	5	FREE	
CO0239C2	Gentle Yoga with Guided Relaxation	JC	05/11/2022	10:00	5	FREE	
CO0321C2	Online Breathe Well Workshop	OL	06/12/2022	19:00	1	FREE	
CO0190C2	Using The Wheel Of Life To set Meaningful Life Goals	OL	04/02/2023	10:00	1	FREE	
HE00014A	Understanding Autism Level 2	QR	22/02/2023	10:00	15	£209	
HE0033A	Level 2 Certificate in Health and Social Care (ncfe/cache)	QR	28/02/2023	10:00	16	£322	
CO0233C2	Using The Wheel Of Life To set Meaningful Life Goals	OL	17/05/2023	19:00	1	FREE	

Horticulture & Gardening Courses							
CO0316C2	Carbon Literacy- All you need to know	JC	10/11/2022	13:00	2	FREE	
HO0044C1	The Secret Lives of Trees	OL	22/11/2022	10:00	3	£30	
HA0045C1	Container Gardening	OL	11/01/2023	10:00	3	£30	
CO0186C2	Explore a Career in Horticulture	OL	28/01/2023	10:00	1	FREE	
HA0052C2	Getting to know your Urban Garden	OL	23/02/2023	10:00	5	FREE	
HO0046C1	From Seed to Plate	OL	14/03/2023	10:00	3	£30	
CO0302C2	Explore a Career in Horticulture	OL	13/05/2023	10:00	1	FREE	
HO0047C1	Plants in our Lives - Online	OL	27/06/2023	10:00	3	£30	

Teacher Training Courses							
CO0245N	Volunteering Training Course (English Conversation Clubs)	QR	05/11/2022	09:30	5	FREE	
TE00008N	Education and Training Level 3 Award	JC	22/02/2023	16:30	10	£159	
TE00006A	Teaching Assistant Level 2	QR	24/02/2023	09:30	18	£369	
CO0246N	Volunteering Training Course (English Conversation Clubs)	QR	25/02/2023	09:30	5	FREE	
TE0002AG1	Teaching Assistant Level 1	QR	02/03/2023	10:00	15	£293	
CO0247N	Volunteering Training Course (English Conversation Clubs)	QR	10/06/2023	09:30	5	FREE	

Work Skills and Training Courses							
JS0055C2	Job Club	QR	02/11/2022	13:00	3	FREE	
JS0054N	Passport to Work-(Information Session)	QR	09/01/2023	09:30	1	FREE	
JS0055N	Passport to Work-(Information Session)	QR	16/01/2023	09:30	1	FREE	
JS0056N	Passport to Work-(Information Session)	QR	23/01/2023	09:30	1	FREE	
JS0059N	Passport to Work-(Information Session)	QR	30/01/2023	09:30	1	FREE	
JS0058N	Passport to Work-(Information Session)	QR	06/02/2023	09:30	1	FREE	

Maths, English GCSE, ESOL (English for speakers of other languages) and Social Care Courses

For more information about the courses listed above please call: 020 8496 2974

Venue	Address
QR	Queens Road Learning Centre, 97 Queens Road, Walthamstow E17 8QR
JC	The Junction, 2–4 Cathall Road, Leytonstone E11 4LF
HH	Harmony Hall 10 Truro Rd, London E17 7BY
OL	Online
BL	Blended Learning online and in the classroom

Note: some courses can be online as well as in-person at a learning location. Course dates and times are subject to change.

Scan the QR code to view the latest course listings on our website or visit:
www.lbwfadultlearning.co.uk



We can help you get a job!

Find a local job

**Get free support:
from CVs to interviews**

Become an apprentice

**Meet employers at
local job fairs and events**



**Visit our website
www.WalthamForestJobs.org
or phone us on 020 8496 2974**



**Explore our Jobs and Skills Portal
or phone us on 020 8496 2974 •**

Be your best

**Enrol for free or get up to 70% off
hundreds of our courses!**



Gain skills and qualifications in:

- Arts, craft and fashion
- Business, accounting and finance
- Community and family learning
- Creative writing
- Digital skills (computers and ICT)
- English, maths and English for Speakers of Other Languages (ESOL)
- Hairdressing and beauty
- Health, social care and childcare
- Horticulture and gardening
- Teaching (assistants)
- Wellbeing, yoga and more

We also offer free jobs help, work placements and volunteer training

Be dynamic. Be in control. Be employable.



**Phone 020 8496 2974 or visit
www.lbwfadultlearning.co.uk**

Celebrating our culture and heritage for Black History Month 2022

Programme of events and activities in full swing across the borough

Black History Month 2022 celebrations are underway, with performances, film screening, exhibits, creative workshops and much more taking place in venues all over Waltham Forest in honour of our black community.

This year's programme is the borough's most ambitious yet, placing local community groups, museums, libraries and local schools in the driver's seat.

The Black History Month programme includes...

Windrush and Black Health Display - The Windrush Twinning Association's exhibition continues to tour the borough and will be at Chingford Library from Tuesday 18 October and Lea Bridge Library the following week. The drop-in exhibition 'Colonial Slavery and its Legacy' will also be hosted at St Peter-in-the-Forest for a week from Monday 24 October.

Family and kids activities – Mbill Arts is hosting two more workshops at St Peter-in-the-Forest, E17, with a storytelling session celebrating black culture and identity from 10:30am on Monday 24 October and two sessions exploring Ghanaian Adinkra symbols from 10am on Thursday 27 October.

Freedom Walks with Peter Ashan - Peter Ashan will lead two more special guided tours showcasing the roots of diversity in Waltham Forest, the first leaving at 1pm on Saturday 29 October from Vestry House, E17 and a second from 11am on Sunday 30 October leaving from The Great Hall Leyton, E10.

Film screenings - St Peter-in-the-Forest is hosting special screenings of 'NHS Borderlands' on Friday 28 October, at 6:30pm, 'Summer of Soul' on Saturday 29 October at 5pm and 'Rebel Dread' at 7:30pm.

Flag raising ceremonies – Fellowship Square will host flag raising ceremonies from 10am marking Antigua and Barbuda Independence Day on Tuesday 1 November and Dominica Independence Day on Thursday 3 November.

Cabinet Commissioner for Jobs, Social Inclusion and Equalities, Cllr Vicky Ashworth, said: "Waltham Forest has been a multi-cultural society for centuries, and Windrush celebrations in the borough this year really underscored the black community's role in forging our modern identity."

"Black history is our history"



More info

Visit walthamforest.gov.uk/blackhistorymonth to see the full programme.

Going the extra mile

A new free cycle taxi service is helping people make cleaner and greener journeys across the borough.

The electric-assisted cycle taxi is run by Bikeworks, an east London based social enterprise that believes everyone should have access to cycling.

Taxi rides can be booked for journeys within a three-mile radius of St. James' Street station in Walthamstow and are available to everyone living in Waltham Forest, with any spare seats bookable by other people if all the riders are happy to share their journey.

Local dad Aarash said: "The cycle taxi is a great option for local journeys. You're outside in the open air, cutting the number of cars on the road, and it's a great way to meet new people."

Cllr Clyde Loakes, Deputy Leader

and Cabinet member for Climate and Air Quality, took the cycle taxi out on one of its maiden voyages in Waltham Forest. He said: "We are always finding new, greener ways to help everyone in Waltham Forest walk or cycle more often.

"You're outside in the open air, cutting the number of cars on the road, and it's a great way to meet new people"

This free cycle taxi service is a great option for anyone who wants to make more environmentally-friendly journeys around our borough.

"The number of motor vehicle journeys in London went up by almost 18 per cent between 2011 and 2019, increasing traffic and adding to toxic air pollution. The free cycle taxi will help clean

up the air we all breathe and reduce our carbon emissions. Book a ride today and be sure to give the riders a wave when you see them out and about!"

The free service can be used for trips to Waltham Forest's parks, local shops, and restaurants, or when visiting friends and family in the borough.

Will Thompson, cycle taxi project manager, said: "We've done a few rides with a group of over 65s who have a monthly meet-up at a pub. I cycled a woman who wouldn't have been able to get there otherwise, since dial-a-ride is her only other choice and she has mobility concerns."

More info

To book a free cycle taxi visit bit.ly/WFcycletaxi or call 0208 980 7998.

Thousands of conversations started about small changes we can all make to help the environment



Look out for the cycle taxi service out and about helping people across the borough

HAIL A FREE CYCLE TAXI

WITH  bikeworks



Our East London Cycle Taxi service allows up to three passengers to enjoy gentle exercise and fresh air while carrying out journeys in their neighbourhood in a social group – all factors proven to be beneficial for physical and mental health.

Typical journeys include:

- Visiting friends
- Going shopping
- Heading to a medical appointment
- Exploring the local area – visiting parks or community events
- Short journeys within a 3km radius



@BikeworksLondon

refer someone ✓ bring a friend or companion ✓ book on behalf of someone else ✓ solo and group bookings welcomed ✓

Call our friendly taxi team on 020 8980 7998
(option 5) or visit our website to book at...

WWW.BIKEWORKS.ORG.UK/CYCLE-TAXI-SERVICE



Protect your child against polio

Get the polio booster vaccine available for children aged one to nine years.



Polio has been detected locally. The NHS has advised all children in London aged one to nine get a polio vaccine to protect them against the potential spread of the virus.



Available in addition to your child's regular polio vaccination schedule, unless they have had a polio vaccine within the last 12 months.



The polio vaccine is safe, has been used for over 70 years, and is the best way to protect your child against disease.



Contact your GP practice to book a vaccination, visit bit.ly/3U5kQyc or scan the QR code



Boost your child's immunity against polio

Helping you keep your family healthy and protected



It's been almost 40 years since the last outbreak of polio in the UK. Since then, a successful vaccination programme has ensured that the disease has been kept at bay.

However, earlier this year the polio virus was detected in sewage water in the borough. While the water poses no risk, this shows that polio is circulating in the community. As a result, families with

children aged one to nine years old are being offered an extra polio vaccine injection in addition to their regular polio vaccinations to boost their child's immunity. Polio is a serious disease that can attack

the nervous system, causing paralysis of the limbs and even death. Those who are not fully vaccinated are at risk of catching it.

"The polio vaccine is a very safe one. It's been tried and tested, and millions of doses have been given"

one. It's been tried and tested, and millions of doses have been given. I'm sure every parent would want to protect their child against a serious disease, because if they were unfortunate to catch it, it is quite devastating.

"The polio booster vaccine is available to all children aged one to nine years old unless they have already had one in the last 12 months.

"The perspective is to take a long-term view and it's not just to protect the child now and next year, it's almost long term – throughout their lives."

If you have not yet received an invite and think you should have, please contact your GP or book a slot at a vaccination clinic by visiting bit.ly/PolioVaccineWF

Celebrating our first Black Breastfeeding Week event



Black Breastfeeding Week is held annually from 25 to 31

August, during the last week of Breastfeeding Awareness Month, with the aim of addressing the huge racial differences in breastfeeding rates.

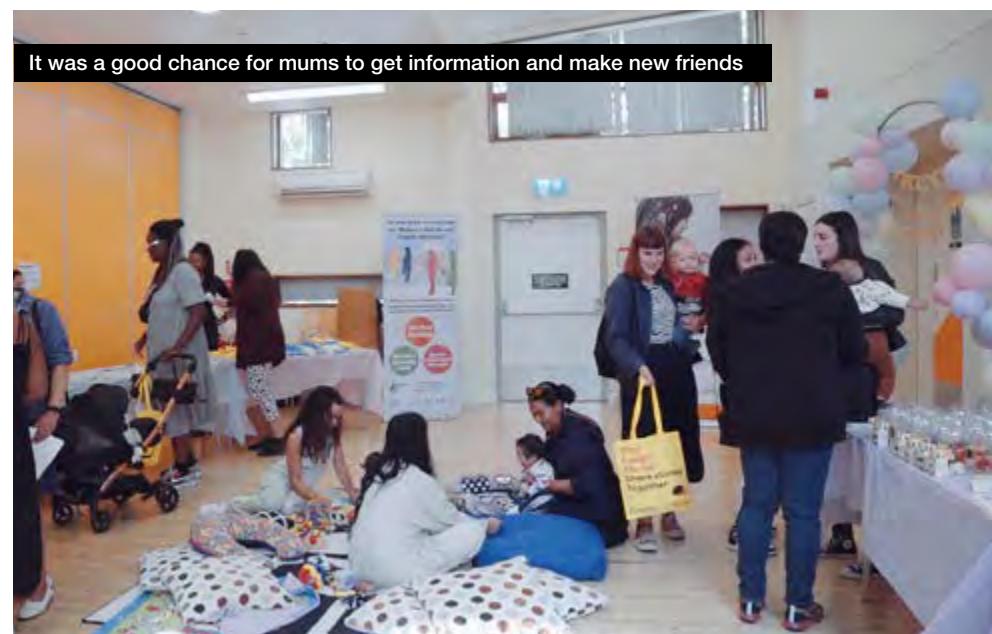
Maternal and infant mortality rates among women of colour in the UK are significantly higher than those of white women and it is strongly

believed that breastfeeding can reduce this inequality.

"It's nice to build a connection with local services and have that face-to-face interaction"

There are also structural barriers preventing black and brown families from accessing breastfeeding information

First Black Breastfeeding Week event held at Leyton Children and Family Centre



and support. Through Black Breastfeeding Week these families can receive the help they need.

At the event, held on Tuesday 30 August, parents were advised on breast, mixed and bottle feeding, given breastfeeding techniques, and provided with details of the support available to help them on their infant feeding journey. They were also given a goody

bag including useful items like nursing pads and breast milk storage bags.

Shenique, mum of a newborn baby, said: "I came today because I'm a very new mum. I just to see if there was any more advice I could get for breastfeeding."

Ifama, who brought along her toddler, said: "It's nice to build a connection with local services

and have that face-to-face interaction."

There are a range of local services that aim to provide all children in the borough with the best start in life.

More info

Find out more about what's available for parents at www.walthamforest.gov.uk/beststartinlife

Taste of things to come

Plant-based school dinners in Waltham Forest are the 'best in the UK'



Carmen (right) and Esther cook a delicious vegetarian lunch for Riverley Primary School students

It's official: plant-based meals in Waltham Forest's schools are the tastiest and greenest in the UK after topping the Green School Menu League.

To celebrate Waltham Forest cook supervisors were given a special training session over the summer with Omari McQueen, teenage vegan chef and star of CBBC show What's Cooking Omari, where he demonstrated delicious plant-based meals like smoky sausage and mushroom goulash and macaroni cheese with peas.

"I love being able to experiment with new recipes and cook with delicious fresh ingredients"

Riverley Primary School is one of the 50 schools in Waltham Forest serving Waltham Forest Catering's award-winning menu to school children.

The school trialled new plant-based menu options for their students, who voted on their tastiest dish to help create the menu to be rolled out to schools across the borough this autumn.

Riverley Primary School kitchen cook Carmen was preparing a



spicy three-bean burrito with fresh vegetables and home-made bread dough for the children's lunch that day. She said: "We were so proud to win the award for best vegetarian meals. And our children love them! They are so excited to find out what's on the menu for lunch, and parents can be sure that their little ones are getting plenty of fresh vegetables every day. I love being able to experiment with new recipes and cook with delicious fresh ingredients - look out for some tasty new additions soon!"

Each morning, Riverley Primary School receives a delivery of fresh vegetables for the students' lunches. Riverley also has a roof garden to grow fruit and vegetables, with some of the freshly picked organic produce going straight into the children's lunches each day.

Councillor Alistair Strathern, Cabinet Member for Children and Young People, said: "Waltham Forest Catering has done everyone in the borough proud. They provide tasty, award-winning meals that kids love and helps our young people make greener choices every day."

Find out more about Waltham Forest Catering's school menus at bit.ly/WFcatering

Cheesy 'meatballs'

recipe by Omari McQueen

Omari said: "Lots of people like to eat meat but we need to eat less of it to be kinder to the planet. If we all swapped spaghetti bolognese made with meat for this plant-based version every week it would be like taking 16 million cars off the road."

Ingredients (to serve four)

- One pack of meat-free meatballs
- One tsp black pepper
- One tsp salt
- 500g pasta
- One tin of chopped tomatoes
- Small bunch basil
- One tsp sage
- One tsp fresh thyme
- Two carrots, chopped
- ½ broccoli, chopped
- 150g mozzarella cheese (or vegan alternative)



Recipe

1. Season meatballs with black pepper.
2. In a blender, add the tomatoes, black pepper, basil, sage and thyme. Blend until smooth
3. In a pot, boil water and add the pasta and carrots. Halfway through cooking add the broccoli and cook altogether until tender.
4. Add oil to a casserole dish.
5. Drain the pasta, broccoli and carrots and put into the casserole dish along with the sauce and the meatballs and cheese, leaving some of it for the topping.
6. Put the dish into the oven for 30-45 minutes.
7. Remove from oven, add the rest of the cheese on top to melt, serve and enjoy!

Waltham Forest children's favourites

Carmen, Riverley Primary School chef said: "These two meals always go down a treat with our children. They love the fresh ingredients, and the meals give them plenty of energy for the afternoon!"



Sri Lankan sweet potato and coconut curry

Ingredients (to serve five)

- Sunflower oil
- Onions – 200g
- Ginger – 15g
- Two garlic cloves
- Mild curry powder – 10g
- Ground cinnamon – 2g
- Water – 350ml
- Vegetable bouillon – 25g
- Coconut milk tinned – 300ml
- Sweet potato – 400g
- Chickpeas in brine – 250g
- Whole green beans – 125g

Recipe

1. Boil or steam green beans.
2. Finely chop onions and crush garlic.
3. Peel and cut sweet potato into 2m cubes.
4. Drain and rinse chickpeas.
5. Make up stock with 300ml water.
6. Heat the oil and cook the onions until soft.
7. Add the ginger, garlic, spices and 100ml water and cook for a further two minutes while stirring.
8. Add the coconut milk and stock and simmer.
9. Add sweet potatoes and chickpeas.
10. Cook for about 10 minutes or until sweet potato is just cooked.
11. Add the cooked green beans and heat through.
12. Using oven cloths transfer to a serving dish.

Smokey Jackfruit Jambalaya

Ingredients (to serve five)

- Long grain rice – 75g
- Brown long grain rice – 75g
- Sunflower oil – 30ml
- Red pepper – 250g
- Yellow pepper – 250g
- Onions red – 250g
- Garlic clove – 1
- Cajun Seasoning – 20g
- Smoked paprika – 20g
- Tomatoes peeled plum – 200g
- Vegetable bouillon – 20g
- Water – 200ml
- Jackfruit in brine – 250g
- Soft dark brown sugar – 5g
- Spring onions – 1

Recipe

1. Preheat oven to 180C.
2. Heat a large saucepan on the stove and add the oil.
3. Add the chopped onions and garlic and sauté until golden.
4. Dice the peppers and celery and add to the saucepan. Cook until soft, add the cajun spice, smoked paprika and soft brown sugar and combine.
5. Drain the jackfruit from its brine and add this to the mixture, cook for five minutes allowing the jackfruit to break apart.
6. Once the jackfruit begins to break up add the tomatoes, stock and rice stirring to combine.
7. Cover the saucepan with a lid or tin foil and place in the oven for 40-50 minutes, until rice is soft and fluffy.
8. Remove from the oven using an oven cloth and glove.
9. Transfer into serving dishes and garnish with chopped spring onions.



Waltham Forest businesses helping to create safe spaces

Community sends firm message that there is No Space for Hate

12 borough businesses have signed up to the Council's 'Safe Space' programme to help eradicate hate crime and increase awareness of issues related to violence against women and girls in the borough.

Safe spaces in the borough are somewhere for people to go if they have experienced a hate crime or might feel threatened or unsafe. The venues will also have information on how to access support and staff will receive training on how best to handle situations too.

The businesses who have signed up include both high street chains and our brilliant local business community too. Two of these are large retailer Boots Pharmacy in Chingford and local hair salon Flicks in Highams Park, a business that has been

operating in Waltham Forest for over 30 years.

"As soon as I found out about the safe space programme, I was very keen to get involved"

Katriye Osman, at Flicks Hair and Beauty Salon, recognises the importance of being a trusted safe space in the community: "We've been in Highams Park for 12 years, so I want to give as much to the community as I can. As soon as I found out about the safe space programme, I was very keen to get involved in it and help people in the area.

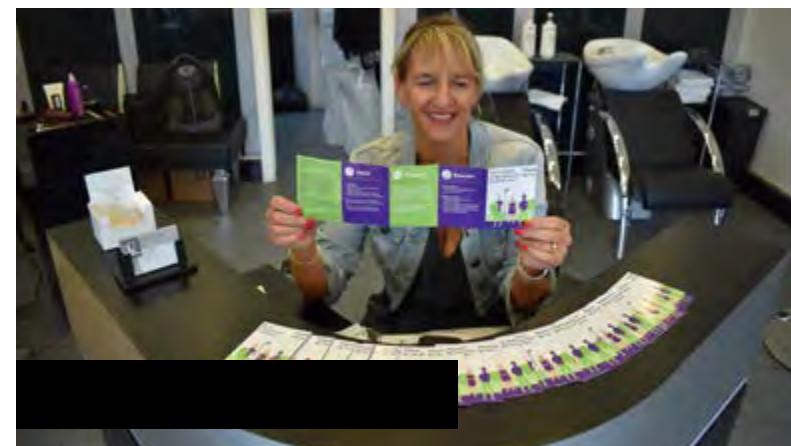
"All the stylists here are absolutely lovely. Anyone coming to the salon would get 100 per cent support from every member of our staff, which I'm very confident about."

Melanie, store manager at Boots Pharmacy in Chingford, said: "All my staff know how to signpost, we know where that first point of call to help someone when they're in a bad situation."

"We've got a quiet room, we'll take them in, calm them down, and find out what the issue is, do they need police, a refuge, other support, get them signposted, and we'll take it as the first step, as it's the first step to safety."

"We'll try and support them the best we can going forward and try and get them in an environment where they can rebuild their lives, get their personalities back, and feel strong."

View a map of the businesses in the borough signed up to the programme at bit.ly/SafeSpacesWF



Melanie, store manager at Boots Pharmacy Chingford, is pleased to support the safe space initiative

Male Council staff members pledge to Stand By Her

Council-wide initiative to train male staff members in bystander intervention



Members of council staff receive Stand By Her training

Waltham Forest Council male staff members are undertaking Stand By Her training, as part of a wider commitment in ending violence against women and girls (VAWG).

Waltham Forest Council male staff members are undertaking Stand By Her training, as part of a wider commitment in ending violence against women

and girls (VAWG).

Waltham Forest Council was the first local authority in the country to offer Communities Inc's ground-breaking bystander intervention programme Stand By Her to residents.

So far, over 200 male staff members have taken the Stand By Her training. The Council is working to empower male

staff members to become effective allies to women and address misogynistic behaviour effectively both in the workplace and in their personal lives.

The first training session took place in June, and included a visit from Mayor of London Sadiq Khan, as he launched a £17.7m fund for survivors of gender-based violence. This is part of a wider public health

approach to ending VAWG, making services for survivors easier to access, and educating and informing men about their misogynistic attitudes and behaviours.

One male staff member said: "The training allowed me to look at my own actions in the workplace and in my day-to-day life. There are so many things we take for granted as

men, and the training made me realise how many situations women and girls feel unsafe in.

"I now know some specific ways I can intervene or support anyone feeling vulnerable"

"Looking at active ways I could be an ally was such an important part of the training too. I now know some specific ways I can intervene or support anyone feeling vulnerable in those sorts of situations."

This work sits alongside the Safe Neighbourhoods Project led by the Council's VAWG team. The team has developed and launched the Safe Streets app, to help tackle street-based harassment in the borough by providing easy ways to report street-based harassment, either anonymously to the Council or formally to the police.

More info

Find out more about the Safe Streets app:
www.walthamforest.gov.uk/safestreets

Green day: having the time of their lives

Apply for a parklet in your community

Waltham Forest Council is encouraging people to create community parklets in their area and turn small pieces of our roads into fun and green spaces for everyone to enjoy.

Following a successful pilot and consultation, where almost three quarters of feedback about the pilot was positive, the expanded community parklets scheme will offer residents a chance to reimagine their local streets and introduce colourful, fun, and biodiverse recreational spaces in their neighbourhoods as private car ownership in Waltham Forest continues to decline.

"Kids stop to read, play, and draw, while older people on the street use the parklet as a resting point"

The parklet trial was introduced on Gloucester Road, after a suggestion by local dad Toby Spearpoint. Toby said: "Our parklet has seating, bike parking, a little book library and a seed library. Families stop here every day, kids stop to read, play, and draw, while older people on the street

use the parklet as a resting point, a place to meet friends and chat. "It's become a hub, for community benefit and highlights the need for more people-friendly spaces."

Local people and community groups across the borough are encouraged to apply to create their own community parklet, with all ideas considered. Council officers can offer advice about designing a community parklet, and up to £250 funding is available to support each approved parklet.

Cllr Clyde Loakes, Deputy Leader and Climate and Air Quality Cabinet member, said: "We want as many people in Waltham Forest as possible to apply to create a community parklet.

"Community parklets give children safe spaces to play and create more places for friends and neighbours to meet. Crucially they allow us all to experience fewer parked cars and boost local biodiversity. We've already had a number of suggestions for new parklets, and I can't wait to hear more of your ideas!"

Apply for a community parklet: bit.ly/ParkletsWF



17&
CEN
TRAL

GUEST COLUMN BY THE 17&CENTRAL TEAM

Work progresses on project to improve Walthamstow town centre

Visitors to the borough may have seen hoardings go up and construction works start at the 17&Central mall, Walthamstow.

The shopping centre and public space are undergoing improvement works, while new homes are being built above the mall in a sustainable town centre location right next to the tube station.

Long Harbour is building 495 units, which are all being provided for rent. 99 of these homes will be provided at a discounted rate for local people.

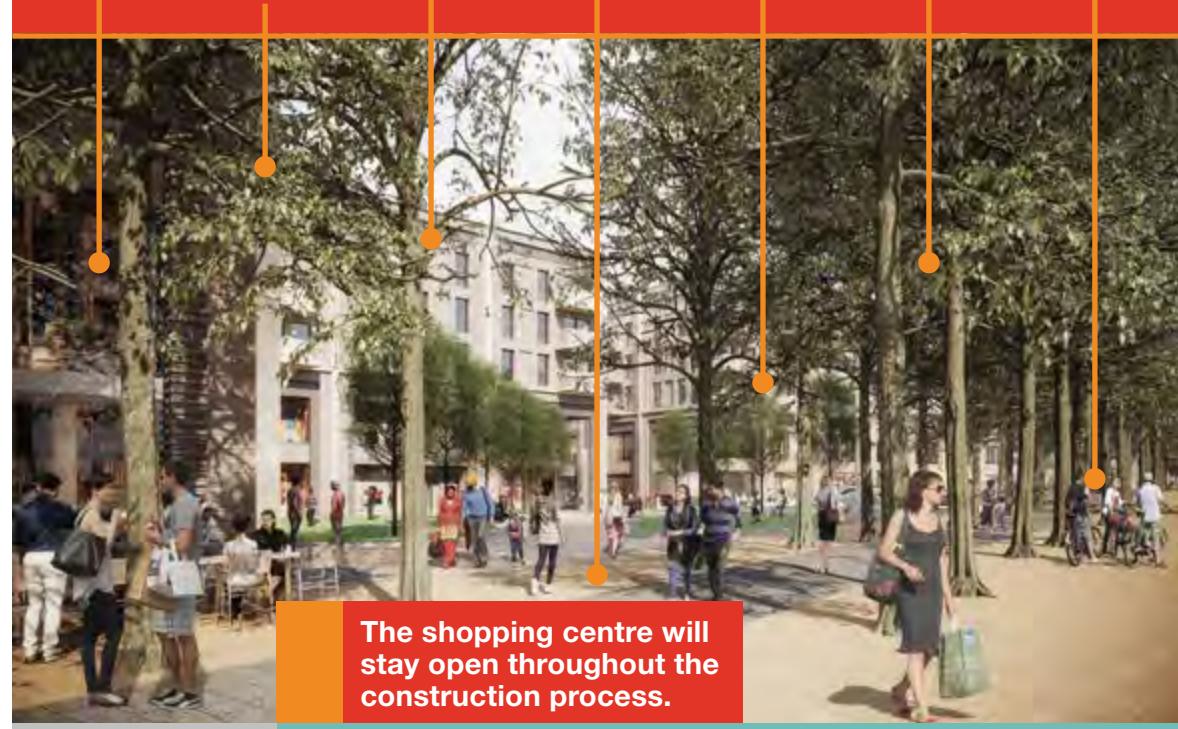
Meanwhile, more retail, restaurant and leisure space are being created at the mall, and a redesigned town square will create a space suitable for outdoor events, and with more trees. A brand-new play area will also be created. The shopping centre will stay open throughout the construction process.

At a time when town centres across the country are struggling and shopping centres are closing, Walthamstow continues to go from strength to strength, with new residents and a growing retail and leisure offer. For more info visit www.17andcentral.co.uk/

17&
CEN
TRAL

PROJECT TIMELINE

Sept 2022 – Demolition started	Mar 2023 – Piling & structure works gets underway	May 2023 – Structure commences	Oct 2023 – Module installation begins	Feb 2024 – Fitout begins	Early 2025 – Landscape work starts	Mid-2025 – Project due for completion
-----------------------------------	--	-----------------------------------	--	-----------------------------	---------------------------------------	--



BECOME A WALTHAM FOREST CARER

FOSTER



24/7
Support

Up to
£485
per week



Up to
66%
taken off
Council Tax

Join a virtual information event on
Wednesday 9 November, 11am
or **Thursday 1 December, 6pm**

Register here for access; www.fosteringwalthamforest.co.uk



Discover Walthamstow's beautiful garden café

Vestry Garden Café is a hidden gem in the heart of Walthamstow Village. Serving a delicious brunch and lunch menu, as well as speciality coffee and cakes. We look forward to welcoming you in our beautiful gardens, with heated umbrellas, or inside the cosy cafe.



Open: Weds to Sun 10am to 4pm,
check out the menu on Facebook @vestrygarden

Find us: Vestry Rd, London E17 9NH

www.fellowshipfoods.co.uk

/ vestrygarden



50% off

As we get cosy for Autumn,
we're offering **50% off** a pastry
or cake of your choice when you
buy a coffee until the end of
October (Wed- Fri)
Share promocode **Garden2**
at the till.

SCHOOL'S OUT

NO PLANS? NO PROBLEM!

Whether it's with friends or with family, discover a world of fun for all ages this October Half Term. Enjoy activities such as fun family swims, soft play and trampolining at your local Better leisure centre.

Visit better.org.uk/waltham-forest and make the holidays count.



In
partnership
with

Waltham Forest

BETTER

Better is a registered trademark and trading name of GLL (Greenwich Leisure Limited), a charitable social enterprise and registered society under the Co-operative & Community Benefit & Societies Act 2014 registration no. 27793R. Registered office: Middlegate House, The Royal Arsenal, London, SE18 6SX. Inland Revenue Charity no. XR43398.

Secret herbs and spices?

Leytonstone KFC closed by Environmental Health Officers

Gnawed bags of flour, rodent droppings and fly pupae were among the sights greeting Environmental Health Officers during a routine hygiene inspection of a Leytonstone branch of KFC in August.

Council officers had no choice but to order the immediate closure of the premises, at 638 High Road, describing their 'shock' on discovering equipment caked in grease and stagnant puddles of slime.

Thames Magistrates' Court heard evidence regarding the conditions encountered by Environmental Health Officers during their inspection and granted a Hygiene Emergency Prohibition Order (HEPO). The Court also ordered the business to cover the Council's costs of £1,072.

"Anyone willing to risk public health by cutting corners on food safety will find themselves in court"

Representatives from the franchise operator, Triple D Ltd, chose not to contest the court's ruling.

Cllr Khevin Limbajee, Cabinet Member for Community Safety at Waltham Forest Council, said: "This ruling sends a message. From global franchisees to independent food business operators, anyone willing to risk public health by cutting corners on food safety will find themselves in court.

"We will exercise all the powers available to the Council to take action against the minority of restaurant owners who do not take their responsibilities seriously."

In a separate incident, Perfect Fried Chicken, 377 Church Road, Leyton, was closed in September after officers discovered evidence of significant rodent activity, with mouse droppings noted throughout the property including on a flour sieve used for food preparation.

Inspectors also found live German cockroaches, with one found floating in a container of fat.

Neither restaurant can reopen until officers are satisfied any imminent risk to the public has been resolved.

More info

You can check the food hygiene rating of any restaurant, takeaway, or café by visiting food.gov.uk



Bags containing flour had been gnawed by rodents



Grease and filth in the KFC kitchen

Camelot to enjoy at William Morris Gallery

New exhibition opens at much-loved Walthamstow museum

'The Legend of King Arthur: A Pre-Raphaelite Love Story' explores the legend of King Arthur in the Victorian imagination, presenting national myths and legends through the eyes of Pre-Raphaelite artists.

Many people are familiar with the legends of King Arthur, a central figure in English folklore and mythical fifth century ruler who led his famous knights in various battles and quests. The telling and retelling of the legend culminated in the English author

Thomas Malory writing down the stories in a single work in 1485, *Le Morte d'Arthur*.

The Arthurian legends fell out of interest at the end of the Middle Ages but were rediscovered in the early 19th Century, initially by poets such as Walter Scott and Alfred Tennyson. William Morris and Edward Burne-Jones read these poems obsessively whilst at Oxford University and drew from them - and the myths that inspired them - for artistic projects throughout their careers.

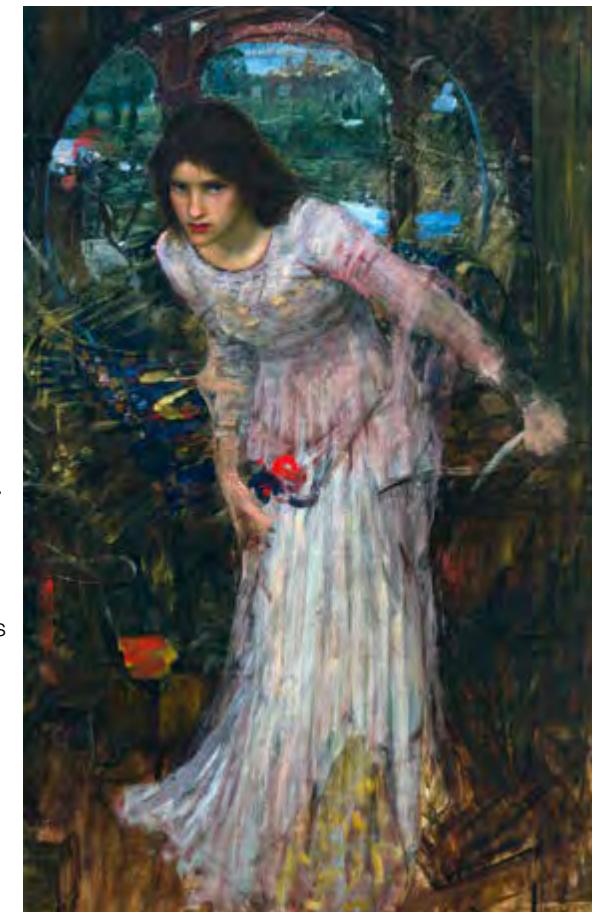
This exhibition, which runs until 23 January 2023, includes works from Dante Gabriel Rossetti, Arthur Hughes, John William Waterhouse, and William Morris alongside lesser-known female Pre-Raphaelite artists Eleanor Fortescue-Brickdale and Elizabeth Siddal.

To coincide with the exhibition, the William Morris Gallery has commissioned London-based contemporary artist Joy Gregory to create an installation exploring international myths and legends.

Many people are familiar with the legends of King Arthur, a central figure in English folklore and mythical fifth century ruler

Launching at the William Morris Gallery, this is a touring exhibition curated by Natalie Rigby for Falmouth Art Gallery. It was made possible with support from the Art Fund, Visit Cornwall, Visit England and Cornwall Museums Partnership.

Visit the William Morris Gallery (531 Forest Rd, Walthamstow, E17 4PP) from Tuesday to Sunday, 10am to 5pm. Families can explore this special exhibition using the Gallery's latest Family Trail.



More info

More info at www.wmgallery.org.uk

Quit Smoking Start Saving

A free stop smoking service is available to people who live and work in Waltham Forest provided by Queen Mary University of London.

This includes a free, confidential service offering advice, information and support to smokers who wish to quit smoking.

What we offer:

- 12 Week Plan
- Nicotine Replacement Therapy
- Face-to-face Support

For free support to quit smoking call **Quit Right Waltham Forest** on **0207 882 8230**.

Scan the QR code or search quitrightwf.org for more information.



Concerned about your alcohol or drug use?

If substance or alcohol misuse is affecting your life or that of someone you know, remember that help is available.

Change Grow Live is a free, safe, and confidential drug and alcohol service for all adults, young people, and families in Waltham Forest.

Get comprehensive and extensive support with a personalised support plan, counselling sessions, fast track mental health assessments and access to support groups.

We also offer:

- A wide range of advice and information
- Access to medical assessment and treatment
- Support with housing services
- Family and carers support

If you would like to access any of our judgement free and confidential services, please get in touch or pop into our Walthamstow offices.

Change Grow Live Waltham Forest

1 Beulah Road
Walthamstow
E17 9LG

Needle exchange and naloxone (overdose prevention) is also available at our adult treatment hub - please call ahead to arrange pick-up.



For more information scan the QR code or visit:
bit.ly/WFChangeGrowLive

T: 0203 826 9600
cgl.walthamforest@cgl.org.uk
[f ChangeGrowLive](https://www.facebook.com/ChangeGrowLive) | [@CGLinWF](https://twitter.com/CGLinWF)

 Drug and Alcohol Service
Waltham Forest



Planning

London Borough of Waltham Forest

Notice of Application for Planning Permission

Town and Country Planning (General Development Procedure) (England) Order 2015 Notice under Article 15

Notice is Hereby Given that the following application for planning permission has been made to the Council and that the application is accompanied by an Environmental Statement.

Reference:	222739
Applicant Name:	(BNP Paribas Depository Services (Jersey) Limited and BNP Paribas Depository Services Limited as Trustees of the BlackRock UK Property Fund and NEAT Developments Limited)
Location:	Uplands Business Park Blackhorse Lane,
Location Description	Uplands Business Park and Forest Trading Estate, Blackhorse Lane, Waltham Forest, London
Proposal	HYBRID PLANNING APPLICATION for the phased demolition of all existing buildings and structures (excluding Uplands House), site preparation works, and comprehensive industrial-led mixed-use redevelopment of parts of UPLANDS BUSINESS PARK AND FOREST TRADING ESTATE, BLACKHORSE LANE, WALTHAM FOREST, LONDON, comprising: DETAILED planning application for the construction of one 3 storey building and one 4 storey building (Blocks A1 and A2) comprising 17,636 sqm (GEA) of flexible industrial floorspace (Use Classes B2, B8, and E(g)(ii and iii)) and one mixed-use 18 storey building (Block B) comprising 119 residential dwellings (Use Class C3) and 540 sqm (GEA) of flexible industrial floorspace (Use Classes B2, B8, and E(g)(ii and iii)), as well as ancillary yard areas; car/cycle parking; amenity; plant; public, communal, and private realm; soft/hard landscaping; infrastructure, access, and highway works; and other associated works; and OUTLINE planning application (with all matters reserved) for the construction of up to eight development plots (with maximum building heights of up to 22.6 m A.O.D. (Plot C), up to 145.0 m A.O.D. (Plots D and H), up to 110.2 m A.O.D (Plots E and J), up to 72.4m A.O.D. (Plot F), up to 51.0 m A.O.D. (Plot G), and up to 40.5 m A.O.D. (Plot K) comprising up to 167,398sqm (GEA) residential floorspace (Use Class C3), up to 14,824 sqm (GEA) of flexible industrial floorspace (Use Classes B2, B8, and E(g)(ii and iii)), and up to 5,000 sqm (GEA) of Classes E and F and Sui Generis (Drinking Establishment/Bar) floorspace, as well as ancillary yard areas; car/cycle parking; amenity; plant; public, communal, and private realm; soft/hard landscaping; infrastructure, access, and highway works; and other associated works.

The proposed development does not accord with the provisions of the development plan in force in the area in which the land to which the application relates is situated.

The application is available to view on the following website: <https://builtenvironment.walthamforest.gov.uk/planning/index.html>

A hard copy of the application has also been deposited at Walthamstow Library, High Street, Walthamstow, E17 7JN

Please enter any comments you have on the application through the Council's website at the above address within 30 days of the date of this Notice.

Comments can also be sent by post to Development Management, Regeneration, Planning & Delivery, Waltham Forest Town Hall, Forest Road, London, E17 4JF

Please note that, although the statutory period for responding to this consultation expires after 30 days of the date of this Notice, the ability to submit comments through the website will be enabled up until the end of the working week prior to date that the application is reported to the Council's Planning Committee. Whilst the date is not currently known, it is unlikely that this would be before early 2023.

Due to the number of comments received by the Council relating to planning applications, it will not be possible to acknowledge or respond to your comments should you submit any. However, all comments received will be fully considered during the assessment of the planning application.

Please note that the planning file, including comments received in relation to the application, will be open to the public.

Dated this day 14 October 2022

Justin Carr

Assistant Director – Development Management and Building Control London Borough of Waltham Forest

London Borough of Waltham Forest

Notice of Application for Planning Permission

Town and Country Planning (General Development Procedure) (England) Order 2015

Notice under Article 15

Notice is Hereby Given that the following application for planning permission has been made to the Council for which additional publicity is required

Application no:	Applicant Name	Location/Location Description
222588	Bellway Homes Ltd (London Partnerships)	Avenue Road Estate, Langthorne Road, London E11

London Borough of Waltham Forest

Planning (Listed buildings and Conservation Areas) Act 1990 Planning

Notice is Hereby Given that the following application affecting a Listed Building situated within a conservation area has been made to the Council.

Application no:	Applicant Name	Location/Location Description
222075 & 222346	C/O Agent	143 Whipps Cross Road, Leytonstone, London, E11 1NP

The applications are available to view on the following website: <https://builtenvironment.walthamforest.gov.uk/planning/index.html>

Any views you would like to make for the above proposals, must be submitted in writing to the Council within 14 days of the date of this Notice. Due to the number of correspondences received by the Council relating to planning applications, it will not be possible to acknowledge or respond to your correspondences should you submit any. However, all views/comments received are fully considered during the assessment of the planning application.

Please note that the planning file, including correspondence received for the application, are open to the public.

Dated this day 14 October 2022

Justin Carr

Assistant Director – Development Management and Building Control

London Borough of Waltham Forest

Highways

LONDON BOROUGH OF WALTHAM FOREST

CHANGE FROM ADVISORY TO DESIGNATED DISABLED PERSONS PARKING PLACES AND AMENDMENT OF ADJACENT PARKING PLACES AND WAITING RESTRICTIONS (BATCH 12b)

The Waltham Forest (Charged-For Parking Places) (Amendment No. 145) Order 2022

The Waltham Forest (Free Parking Places, Loading Places and Waiting, Loading and Stopping Restrictions) (Amendment No. 144) Order 2022

1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Waltham Forest on **14th October 2022** made the above-mentioned Orders under sections 6, 45, 46, 49 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984.

2. The general effect of the Orders will be:
(a) to provide a designated disabled persons parking place measuring 6.6 metres in length (unless otherwise specified in Schedule 1 to this Notice) in each of the locations specified in Schedule 1 to this Notice, in most cases replacing advisory disabled persons parking places, on the carriageway, footway or both;

(b) where any made designated disabled persons parking place referred to in sub-paragraph (a) above is longer than the advisory disabled persons parking place it is replacing or where there is no existing advisory disabled persons parking place in the made location, to shorten or remove any existing parking place or waiting restriction in that location by the length necessary to provide the disabled persons parking place;

(c) to remove either advisory or formalised disabled person's parking place in each of the locations specified in Schedule 2 to this Notice and either extend existing permit parking space or adjacent waiting restrictions bordering such disabled parking space by the length necessary in place of the disabled persons parking place;

(d) to:
i. convert 6.6 metres of Free Short Stay parking space outside Nos. 108 to 110 CAN and relocate a disabled persons' parking place situated outside Nos. 102 and 104 Cann Hall Road (CAN) to this location; and
ii. relocate the displaced Free Short Stay parking space situated outside Nos. 108 to 110 CAN to outside Nos. 102 to 104 Cann Hall Road.

3. Copies of the Orders, which will come into operation from **17th October 2022** and all other relevant documents can be inspected until the expiration of a period of 6 weeks from that date on request by either emailing traffic.scheme@walthamforest.gov.uk or visiting (*by appointment) the Highways and Traffic Management office, Low Hall, Argall Avenue E10 7AS during normal office hours on Mondays to Fridays

inclusive; or alternatively documents can be viewed online at: <https://www.walthamforest.gov.uk/content/road-traffic-schemes-and-consultations>.

4. Any person desiring to question the validity of either of the Orders or of any provision contained therein on the grounds that it is not within the relevant powers of the Road Traffic Regulation Act 1984, or that any of the relevant requirements thereof or of any relevant regulations made thereunder has not been complied with in relation to the Orders may, within six weeks of the making of the Orders, make application for the purpose to the High Court.

*For more information please telephone 020 8496 3000 quoting reference Traffic Orders – T30b(22) – Change from advisory to designated disabled persons parking places – batch 12b (PCL batch 5b)

Dated 14th October 2022

Mr. J. Griffin, Director of Neighbourhoods, Traffic Orders, Low Hall, Argall Avenue, London, E10 7AS
SCHEDULE 1 – see paragraph 2(a) above

Locations of designated disabled persons parking places (locations are approximate and designated disabled persons parking places may extend in front of adjacent properties)

Belvedere Road E10 – outside Nos. 33 and 35 (1 bay); **Church Road E10** – outside Nos. 225 and 227 and opposite No. 200 (1 bay); **Clarendon Road E11** – outside No. 3A (1 bay); **Drapers Road E15** – outside No. 59 (1 bay); **Gilbert Street E15** – outside No. 15 (1 bay); **Grove Road E17** – outside the flank wall of No. 317a Hoe Street, Exchange House (1bay); **Grove Green Road E11** – outside Nos. 160 to 166 (2 bays); **Jewel Road E17** – outside Nos. 37 to 41 (1 bay); **Leasowes Road E10** – outside Nos. 28 and 30 (1 bay); **Lindley Road E10** – outside Nos. 5 and 7 (1 bay); **Longfellow Road E17** – opposite Nos. 4 to 8 (1 bay); **Melbourne Road E10** – outside Nos. 52 to 56 (1 bay); **Montalt Road E4** – outside No. 5 and 7 (1 bay); **Oakfield Road E17** - outside No. 4a and 6a (1 bay); **Raglan Road E17** – opposite No. 5 and outside Tom Smith House (1 bay); **South Birkbeck Road E11** - outside Nos. 110 to 114 (1 bay); **Suffield Road E4** – outside Nos. 14 to 18 (1 bay); **Tennyson Road E17** – outside Nos. 9 to 13 (1 bay); **Waverley Road E17** – outside Nos. 1 and 3 (1 bay); **Wittenham Way E4** – outside Nos. 29 and 31(1 bay); and **Winns Avenue E17** – outside No. 214 (1 bay).

SCHEDULE 2 – see paragraph 2(c) above designated disabled persons parking places to be removed, outside or in the immediate vicinity of:

Adelaide Road E10 – outside No. 22 (1 bay); **Badlis Road E17** – outside Nos. 2 – 6 (1 bay); **Belgrave Road E17** – outside No. 152 (1 bay); **Clarendon Road E17** – outside No. 26 (1 bay); **Dunedin Road E10** – outside No. 13 (1 bay); **Farmilo Road E17** – outside No. 85 and 131 (2 bays); **Helena Road E17** – outside No. 24 (1 bay) advisory only (no TMO); **Lea Hall Road E10** – outside No. 9 (1 bay); **Odessa Road E7** –

outside No. 201 (1 bay); **Overton Road E10** – outside No. 3 (1 bay); **Rochdale Road E17** – outside No. 9 (1 bay); **Seymour Road E10** – outside No. 30 (1 bay); **Wetherden Street E17** – outside No. 56 (1 bay).

LONDON BOROUGH OF WALTHAM FOREST

ROAD TRAFFIC ACT 1984 SECTION 6 AND 84 CHINGFORD LANE AND HATCH LANE AREAS – (E4, IG8 and WG ROADS)

20 M.P.H. ZONE - VARIOUS TRAFFIC CALMING MEASURES- (T36(22))

The Waltham Forest (20 m.p.h. Zone) (Chingford Lane and Hatch Lane E4 region) (No. 1) Speed Limit Order 2022

The Waltham Forest (Free Parking Places, Loading Places and Waiting, Loading and Stopping Restrictions) (Amendment No. 145) Order 2022

1. **NOTICE IS HEREBY GIVEN** that the London Borough of Waltham Forest on **14th October 2022** made the above-mentioned Orders under sections 6 and 84 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, as amended to:

(a) introduce a 20-m.p.h. speed limit covering the roads or parts of roads mentioned in the Schedule of this Notice (in the case of all roads mentioned this would be reducing the speed limit from 30 m.p.h. except where specified in the Schedule); and

(b) in **Chingford Lane - both sides** – provide a rural clearway (no stopping “at any time”) between its junction with Hatch Lane and a point 10 metres north of the southernmost arm of Montalt Road removing any existing double yellow line “at any time” waiting restrictions;

(c) introduce double yellow line “at any time” waiting restrictions on both sides of **Lichfield Road, WG; The Avenue; and Betoynie Avenue E4** between their respective junction with Chingford Lane south-west for a distance of 10 metres;

(d) convert single yellow line waiting restrictions to double yellow line “at any time” waiting restrictions:

i. on **both sides of Larkshall Road (LRK) E4** between its respective junction with King's Road south-westward to the common boundary of Nos. 1 and 3 LRK a distance of 10 metres; and

ii. on the **south-west side of King's Road (KR) E4** between the common boundary of Nos. 53 and 55 KR and Nos. 45 and 47 KR.

2. Copies of the Orders, which will come into operation from **17th October 2022** and all other relevant documents can be inspected until the expiration of a period of six weeks from that date on request by either emailing traffic.scheme@walthamforest.gov.uk or visiting (*by appointment) the Highways and Traffic Management Office, Low Hall, Argall Avenue, London, E10 7AS during normal office hours on Mondays to Fridays inclusive, or alternatively documents can be viewed online at: <https://www.walthamforest.gov.uk/content/road-traffic-schemes-and-consultations>.

3. Any person desiring to question the validity of the Order or of any provision contained therein on the grounds that it is not within the relevant powers of the Road Traffic Regulation Act 1984, or that any of the relevant requirements thereof or of any relevant regulations made thereunder have not been complied with in relation to the Order may, within six weeks of the making of the Order, make application for the purpose to the High Court.

*For more information please telephone 020 8496 3000 quoting reference Traffic Orders – T36(22) – Chingford Lane and Hatch Lane E4 region – 20 m.p.h. speed limit zone.

Dated 14th October 2022

Mr. J. Griffin, Director of Neighbourhoods, Traffic Orders, Low Hall, Argall Avenue, London, E10 7AS
Schedule (E4, WG and IG8 roads within the London Borough of Waltham Forest)

ACCOMODATION ROAD

ARBOUR ROAD

ASHWOOD ROAD

BERNWELL ROAD

BOTELEY CLOSE

BLUEHOUSE ROAD

BUCKRELL ROAD

CONEY BURROWS

CHINGDALE ROAD

CHINGFORD LANE ((1) between its junction with Hatch Lane and a point 20 metres south-east of the southeast kerb line of The Avenue, and (2) between a point 10 metres north of the southernmost arm of Montalt Road and the south-east facing wall of No. 1 Chingford Lane)

CONNINGTON CRESCENT

ELM GROVE

FARTHINGS CLOSE

FRIDAY HILL

FRIDAY HILL EAST

FRIDAY HILL WEST

GROVESIDE ROAD

HATCH LANE

HOPPETT ROAD

HORNBEAM GROVE

LARKSHALL ROAD (between New Road and King's Road)

LITTLE FRIDAY ROAD

LONGSHAW ROAD

LUKIN CRESCENT

MANOR FARM DRIVE

MILL LANE (all that lies within the London Borough of Waltham Forest)

NEW ROAD (between its junction with Hatch Lane and Larkshall Road)

NEWGATE STREET

OAKS GROVE

OTTERBOURNE ROAD

NORMANTON PARK

SAXLINGHAM ROAD

SIMMONS LANE

THE CROFT

WEALE ROAD

WINSLOW GROVE

WITHY MEAD

WITTEHENHAM WAY

WYEMEAD CRESCENT

LONDON BOROUGH OF WALTHAM FOREST

ROAD TRAFFIC REGULATION ACT 1984 – SECTION 35

PROVISION OF HOUSING ESTATE CAR PARK – BRUNNER ROAD E17 (T39(22))

The Waltham Forest (Housing Estates Car Parks) (No. 1) (Amendment No. 9) Order 2022

1. **NOTICE IS HEREBY GIVEN** that the Council of the London Borough of Waltham Forest on **14th October 2022** made the above-mentioned Order under section 35 of the Road Traffic Regulation Act 1984, as amended.

2. The general effect of the Order will be:

(i) to provide and regulate an off-street parking place (car park) called the ‘**Brunner Road E17 housing estate car park**’ to operate ‘at any time’, comprising of **4 disabled resident permit holder parking places** (available to a limited number of disabled resident permit holders and carers permit holders, see paragraph 3 below); and

(ii) to provide a ban of waiting ‘**at any time**’ by any vehicle throughout the car park other than where the parking bays referred to in sub-paragraph 2(i) above will be provided.

3. Permits for the use of the disabled resident permit holder parking places

referred to in paragraph 2 of this Notice will be available to designated properties of *Garratt House, Brunner Road, E17 7GB (note: a total of 4 permits will be allocated for the use of the disabled resident permit holder parking bays referred to in paragraph 2 of this Notice and will be available to eligible disabled residents within the aforementioned properties, as per existing planning agreements).

*Note: Where an agreement has been made with the tenant or owner of a property situated in Garratt House, Brunner Road E17 under section 106 of the Town and Country Planning Act 1990, or section 16 of the Greater London Council (General Powers) Act 1974, or both, or in any other Council planning agreement, restricting the parking of any motor vehicle, no permits will be granted, or only a limited number of permits will be granted, or as the case may be, only permits for specific users will be granted to the tenant or owner of that property subject to the planning agreement.

4. Regarding the parking bays referred to in paragraph 2 of this notice, any vehicle with a valid permit displaying the letters **DIS-H-BR** may use the disabled resident permit holder parking bays.

5. The above measures are necessary to ensure that parking and waiting facilities are maintained for the use of eligible residents of the estate and other permit holders agreed by the Council. These measures will also prevent parking and waiting where it could cause an obstruction, particularly to emergency services and refuse collection vehicles.

6. A copy of the Order, which will come into operation from **17th October 2022** and all other relevant documents can be inspected until the expiration of a period of six weeks from that date on request by either emailing traffic.scheme@walthamforest.gov.uk or visiting (*by appointment) the Highways and Traffic Management Office, Low Hall, Argall Avenue, London, E10 7AS during normal office hours on Mondays to Fridays inclusive, or alternatively documents can be viewed online at: <https://www.walthamforest.gov.uk/content/road-traffic-schemes-and-consultations>.

appointment) the Highways and Traffic Management Office, Low Hall, Argall Avenue, London, E10 7AS during normal office hours on Mondays to Fridays inclusive, or alternatively documents can be viewed online at: <https://www.walthamforest.gov.uk/content/road-traffic-schemes-and-consultations>.

7. Any person desiring to question the validity of the Order or of any provision contained therein on the grounds that it is not within the relevant powers of the Road Traffic Regulation Act 1984, or that any of the relevant requirements thereof or of any relevant regulations made thereunder have not been complied with in relation to the Order may, within six weeks of the making of the Order, make application for the purpose to the High Court. *For more information please telephone 020 8496 3000, quoting reference Traffic Orders and ref T39(22) – Brunner Road E17 housing estate car park

Dated 14th October 2022

LONDON BOROUGH OF WALTHAM FOREST

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14(1)

THE WALTHAM FOREST (HOE STREET E17) (TEMPORARY ROAD CLOSURE) (NO. 1) ORDER 2022 (TT51(22))

1. The Council of the London Borough of Waltham Forest (the Council) **HEREBY GIVES NOTICE** that it intends on making an Order to allow for the removal of a site tower crane in a safe and efficient manner at a development site at No. 186 Hoe Street E17.

2. The general effect of the Order would be, only at such times and to such extent as regulatory signs are displayed, to prohibit vehicles (except works vehicles) from entering, proceeding, waiting or loading for any purpose, at any time, in **Hoe Street E17** between the southernmost boundary wall of No. 192 Hoe Street and the southern kerb line of Cairo Road E17.

3. Whilst the prohibitions referred to in paragraph 2 above remain in force, advance warning signage and alternative routes for traffic shall be in place.

4. Vehicles waiting or loading in disregard of this Order would be removed.

5. The prohibitions mentioned above would not apply in relation to any vehicle being used -

(a) in connection with the said works; or
(b) for ambulance, fire brigade or police purposes (if the works allow)

6. The Order would come into operation on **Sunday 13th November 2022** and would be valid for a maximum period of 6 months or until the works are completed, whichever is the sooner.

NOTE: Leaflets would be distributed, and signage placed in advance of any works in the above-mentioned road which would give more specific details on the exact dates of the restrictions and effects of any temporary traffic management as

necessary. The crane is anticipated to be removed on Sunday 13/11/22 with the two following Sundays being contingency dates. The extended Order also covers a period to allow for any aborted works or other unforeseen constraints that may hinder the dismantling and removal of the crane.

Dated 14th October 2022

Mr J Griffin, Director of Neighbourhoods, Traffic Orders, Low Hall, Argall Avenue, London, E10 7AS

LONDON BOROUGH OF WALTHAM FOREST**ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14(1)****THE WALTHAM FOREST (CHURCHILL TERRACE E4) (TEMPORARY RESTRICTIONS) (NO. 1) ORDER 2022 (TT52(22))**

1. The Council of the London Borough of Waltham Forest HEREBY GIVES NOTICE that it intends on making an Order to allow for the repair and maintenance of telecommunication apparatus by BT Openreach in a safe and efficient manner in **Churchill Terrace E4**.

2. The general effect of the Order would be, only at such times and to such extent as regulatory signs are displayed or, where applicable, covered; to suspend all free unregulated parking space and restrict vehicles

(except works vehicles) from entering, proceeding, waiting or loading, for any purpose, "at any time" on both sides of Churchill Terrace E4 – all sections of all 3 arms (north to south and east to west sections).

3. Whilst the prohibitions referred to in paragraph 2 above remain in force, advance warning signage and provision for access will be maintained.

4. Whilst the prohibitions referred to in paragraph 2 above remain in force, entry and exit to the prohibited area will be given when required to allow road users to access private property within a 15-minute period.

5. Vehicles waiting or loading in disregard of this Order would be removed.

6. The Order will come into operation on **8th November 2022** and will be valid for 3 months, or until the said works are completed, whichever is the sooner.

7. The prohibitions mentioned in paragraph 2 above would not apply in relation to any vehicle being used:

- (a) in connection with the said works; or
- (b) for ambulance, fire brigade or police purposes (if the works allow)

NOTE: These works would not be carried out simultaneously in all sections of Churchill Terrace but in a sequence as directed by the Council. Signage will be placed in advance of any works in which would give more specific details on the

exact dates of the restrictions and effects of any temporary traffic management as necessary.

Dated 14th October 2022

Mr. J. Griffin, Director of Neighbourhoods, Traffic Orders, Low Hall, Argall Avenue, London, E10 7AS

LONDON BOROUGH OF WALTHAM FOREST**ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14(1)****THE WALTHAM FOREST (VARIOUS ROADS) (LEAD PIPE REPLACEMENT) (ROAD CLOSURES) (NO. 5) ORDER 2022 (TT55(22))**

1. The Council of the London Borough of Waltham Forest **HEREBY GIVES NOTICE** that it intends on making an Order to enable Thames Water lead pipe replacement works to be carried out in a safe and efficient manner.

2. The general effect of the Order would be, only at such times and to such extent as regulatory signs are displayed, to prohibit vehicles (except works vehicles) from entering, proceeding, waiting or loading for any purpose, at any time, in the roads mentioned in the Schedule of this Notice:

3. Whilst works are being carried out and only at such times and to such extent as regulatory signs are displayed

no person shall cause or permit any vehicle to wait or load for any purpose, at any time, within 15 metres of the junction of any road adjoining the roads mentioned in the Schedule of this Notice.

4. Whilst the prohibitions referred to in item 2 above remain in force, advance warning signage and alternative routes for traffic shall be in place.

5. Whilst works are being carried out and only at such times and to such extent as regulatory signs are displayed any one-way working or no-entry prohibitions in any roads or parts of roads mentioned in the Schedule of this Notice, or in any roads or parts of roads adjoining the roads or parts of roads mentioned in the Schedule of this Notice would be temporarily suspended.

6. Vehicles waiting or loading in disregard of the Order would be removed.

7. The restrictions mentioned above would not apply in relation to any vehicle being used -

- (a) in connection with the said works; or
- (b) for ambulance, fire brigade or police purposes (if the works allow)

8. The Order would come into operation on **15th November 2022** and would be valid for a maximum period of 18 months or until the works are completed, whichever is the sooner (this applies to all roads mentioned in the Schedule and

allows for unforeseen constraints which may abort works until a future time).

NOTE: These works would not be carried out simultaneously in all roads but in a sequence as directed by the Council. Signage placed in advance of any works in the above-mentioned roads which would give more specific details on the exact dates of the effects and of any temporary traffic management as necessary.

Dated 14th October 2022

Mr J Griffin, Director of Neighbourhoods, Traffic Orders, Low Hall, Argall Avenue, London, E10 7AS

Schedule**E17 roads**

Billet Road

Mansfield Road

Rosebank Grove

Westbury Road

E4 roads

Frankland Road

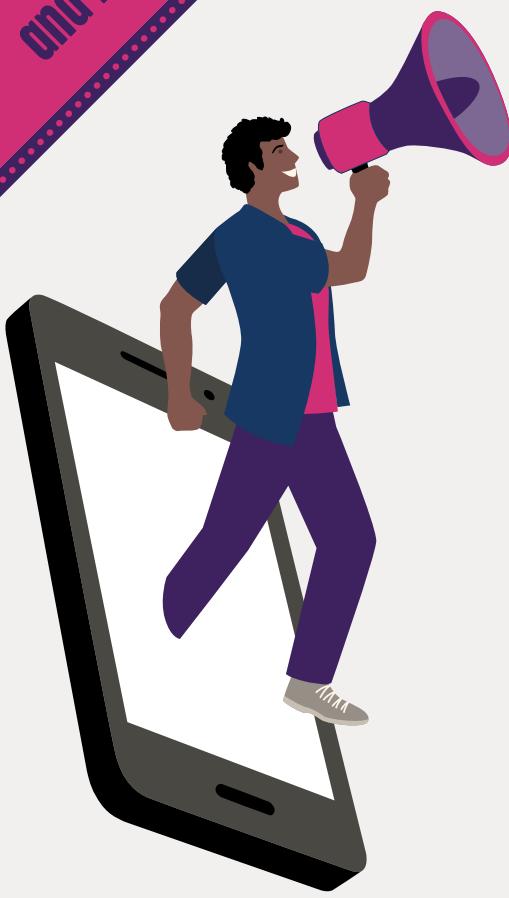
Grove Park Avenue

Hampton Road

E10 road

Lyndhurst Drive

GO ONLINE
and have your say



Have your say on Council Tax Support

We want to hear from as many residents as possible.

The Council is consulting on proposals to increase the level of support offered under its Council Tax Support scheme so eligible working age residents get more help with their Council Tax payments from 1 April 2023.

This change could be worth as much as £155.20 to a household with two adults responsible for Council Tax in a Band C property and up to £116.40 for a one adult housebound getting a 25% single person discount.

- This proposal does not affect pensioner households who are receiving support under the Government's scheme
- The maximum support offered under the Council's Current scheme to those that qualify for support is 76% of the Council Tax charge
- We want to increase the maximum level of support to 85%

We recognise the impact the rising cost of living is having on some of our most vulnerable residents receiving support under our scheme and we want to help.

Please don't miss this opportunity to influence the local scheme. Go online and have your say.



For more information and to fill in the online consultation questionnaire, scan the QR code or visit www.walthamforest.gov.uk/localcounciltaxsupport

You can also go online at your local library where free internet access is available.

Consultation closing date Friday 11 November 2022



OPEN DAY

26th Nov 2022 10am – 1pm
(last entry 12.30pm)



To apply now, visit www.sgmc.ac.uk

Take control of your future...

15-MINUTE NEIGHBOURHOOD PHOTO COMPETITION



THANK YOU TO THE HUNDREDS OF RESIDENTS WHO ENTERED OUR RECENT PHOTO COMPETITION SHOWING US YOUR FAVOURITE SPOT IN THE BOROUGH. THE LUCKY WINNERS ARE CURRENT BEING CONTACTED, BUT IN THE MEANTIME HERE ARE SOME OF OUR FAVOURITES.

These photos will be used to help explain our upcoming strategy around 15-Minute Neighbourhoods, a radical new way of shaping how communities work.

It means everyone should have the things they need to lead a healthy and fulfilling life, including food shops, parks, GPs, gyms, schools, libraries, theatres and more, 15 minutes from home – whether walking, cycling or by public transport.

To keep updated on our 15-minutree neighbourhoods work, please sign up to our newsletter: bit.ly/newsletterWF





Have your say on recycling

We want to hear from as many residents as possible on how we can improve our recycling and waste collections.

To do this, we'd like you to complete our recycling survey to tell us about your household and how you recycle, reduce and re-use. We also want to know what barriers you and your family face with recycling and how we can support you.

**Complete
our recycling
survey today**



You can complete the survey on the website link below, scan the QR code or visit your local library to complete a paper survey.

Visit: walthamforest.gov.uk/recyclingsurvey

Don't see translation in your language? Please visit our website where you'll be able to translate the full page.



Chcemy współpracować z mieszkańcami, by zwiększyć poziom recyklingu i zmniejszyć ilość odpadów spożywczych, pomagając w ten sposób w rozwiązaniu problemu zmian klimatycznych. Aby to zrobić, prosimy o wypełnienie ankiety dotyczącej recyklingu, w której opowiecie nam o swoich gospodarstwach domowych i o tym, jak ograniczacie odpady, ponownie je wykorzystujecie oraz oddajecie do odzysku. Chcielibyśmy również poznać opinie na temat naszych zbiórek surowców wtórnych i czarnych pojemników.

Ankięt można wypełnić klikając poniższy link, skanując kod QR lub odwiedzając lokalną bibliotekę — tam można wypełnić ankietę w wersji papierowej.

بم ری سائیکلنگ بڑھانے اور غذائی کچرا کام کرنے میں مکینوں کے ساتھ کام کرنا چاہتے ہیں، جس سے آپ و ہبوا میں تبدیلی سے نمٹنے میں مدد ملے گی۔ اس کام کے لیے، بم چاہتے ہیں کہ آپ ہمارا ری سائیکلنگ سروے مکمل کر کے اپنے گھرخاں اور آپ جس طرح سے ری سائیکل کرتے، کم کرتے، اور دوبارہ استعمال کرتے ہیں اس بارے میں بیانیں۔ بماري ری سائیکلنگ اور کالے کوڑے دان کی جمع آوری کے بارے میں بھی ہم آپ کی رائج جاننا چاہتے ہیں۔

آپ ذیل کی ویب سائٹ کے لئے پر ہمارا سروے مکمل کر سکتے ہیں، کوڈ اسکین کر سکتے ہیں یا QR کاغذی سروے مکمل کرنے کے لیے اپنی مقامی لادبریری میں تشریف لے جا سکتے ہیں۔

Dorim să colaborăm cu locuitorii pentru a crește nivelul de reciclare și pentru a reduce deșeurile alimentare, contribuind astfel la o ameliorare a problemei schimbărilor climatice. Pentru aceasta, am dor să completați sondajul nostru privind reciclarea, pentru a ne informa despre gospodăria dvs. și despre modul în care reciclați, reduceti și reutilizați. Am dori, de asemenea, să aflăm opinia dumneavoastră cu privire la colectarea deșeurilor reciclabile și în pubelele negre.

Puteți completa sondajul pe site-ul web de mai jos, puteți scana codul QR sau puteți vizita biblioteca locală pentru a completa un sondaj pe hârtie.

Geri dönüşümü artırmak, gıda israfını azaltmak ve iklim değişikliği sorunuyla mücadele etmek amacıyla yerel sakinlerle çalışmak istiyoruz. Bunun için geri dönüşüm anketimizi doldurarak bize hane halkınız ve geri dönüşüm, azaltma ve yeniden kullanımını nasıl yaptığınız hakkında bilgi vermenizi istiyoruz. Geri dönüşüm ve siyah çöp kutusu toplama hakkındaki görüşlerinizi öğrenmek istiyoruz.

Aşağıdaki web sitesi bağlantısından anketi doldurabilir, kare kodu tarayabilir veya yerel kütüphanenizi ziyaret ederek kağıt üzerindeki anketi doldurabilirsiniz.

ਅਸੀਂ ਜਲਵਾਯੂ ਦੇ ਮੁਦਿਆਂ ਨਾਲ ਨਪਿਰਨ ਵੱਚ ਮਦਦ ਕਰਨ ਲਈ ਨਿਵਾਸੀਆਂ ਨਾਲ ਰੀਸਾਇਕਲੇਗਿ ਵਧਾਉਣ ਅਤੇ ਸਾਡੀ ਭੋਜਨ ਦੀ ਬਰਬਾਦੀ ਨੂੰ ਘੱਟ ਕਰਨ ਲਈ ਕੰਮ ਕਰਨਾ ਚਾਹੁੰਦੇ ਹਾਂ। ਅਜਹਿਆ ਕਰਨ ਵਾਸਤੇ, ਅਸੀਂ ਚਾਹੁੰਦੇ ਹਾਂ, ਕੰਡ੍ਹਾਂ ਸਾਡੇ ਰੀਸਾਇਕਲੇਗਿ ਸਰਵੇਖਣ ਨੂੰ ਪੂਰਾ ਕਰੋ ਅਤੇ ਸਾਨੂੰ ਆਪਣੇ ਘਰਾਂ ਬਾਰੇ ਦੱਸੋ ਕੰਡ੍ਹਾਂ ਕਵਿੰ ਰੀਸਾਇਕਲ, ਘੱਟ ਅਤੇ ਮੁੜ-ਵਰਤੋਂ ਕਵਿੰ ਕਰਦੇ ਹੋ। ਅਸੀਂ ਆਪਣੀਆਂ ਰੀਸਾਇਕਲੇਗਿ ਅਤੇ ਬਲੈਕ-ਬਨਿ ਕਲੈਕਸ਼ਨ 'ਤੇ ਤੁਹਾਡੇ ਵਿਚਾਰ ਵੀ ਸੁਣਨਾ ਚਾਹਾਂਗੇ।

ਤੁਸੀਂ ਹੇਠਾਂ ਦਿੱਤਿ ਗਏ ਵੈੱਬਸਾਈਟ ਲੈਕਿ 'ਤੇ ਸਰਵੇਖਣ ਪੂਰਾ ਕਰ ਸਕਦੇ ਹੋ, QR ਕੋਡ ਸਕੈਨ ਕਰ ਸਕਦੇ ਹੋ ਜਾਂ ਪੇਪਰ ਸਰਵੇਖਣ ਪੂਰਾ ਕਰਨ ਵਾਸਤੇ ਆਪਣੀ ਸਥਾਨਕ ਲਾਈਬ੍ਰੇਰੀ ਵੱਚ ਜਾ ਸਕਦੇ ਹੋ।

