

SPECIALIST SUPPORT FOR SURVIVORS WITH DISABILITIES OR HEARING IMPAIRMENTS

Stay Safe East

Advice and support for survivors with disabilities

- www.staysafe-east.org.uk
- 07865 340 122
- enquiries@staysafe-east.org.uk
- Open 10am - 5pm Mon to Thurs

Respond

Support for survivors with learning disabilities, autism or both

- respond.org.uk
- 020 7383 0700
- admin@respond.org.uk

SignHealth (Deaf Hope UK)

Advice and support for deaf survivors

- signhealth.org.uk
- 07800 003421 (Text message only)
- da@signhealth.org.uk

WALTHAM FOREST DOMESTIC ABUSE DROP-IN CENTRES

Leyton Children and Family Centre

- 215 Queens Road, E17 8PJ
- Open 10am - 4pm Mon to Wed

Walthamstow Children and Family Centre

- 313 Billet Road, E17 5PX
- 020 8496 3511
- Open 10am - 4pm Thurs

Chingford Children and Family Centre Hub

- 5 Oaks Grove, E4 6EY
- 020 8496 1551
- Open 10am - 1pm Friday

SPECIALIST SUPPORT FOR SURVIVORS FROM DIFFERENT AGE GROUPS

HourClass

Advice and support for older survivors

- wearehourglass.org
- 0808 808 8141 (Call) / 078 6005 2906 (Text message)
- helpline@wearehourglass.org
- Open 9am - 5pm Mon to Fri

The Mix

Free information and support for under 25s

- www.themix.org.uk
- 0808 808 4994
- help@themix.org.uk
- Open 3pm - 12am Mon to Sun

SPECIALIST SUPPORT FOR SURVIVORS SEEKING LEGAL ADVICE

Rights of Women

Free and confidential legal advice for survivors on a wide range of issues

- rightsofwomen.org.uk
- London family law line: 020 7608 1137
- Criminal law line: 020 7251 8887
- Immigration & Asylum law line: 020 7118 0267
- Sexual Harassment at work line: 020 7490 0152
- Please check the website for opening hours

REMEMBER - IF YOU ARE IN IMMEDIATE DANGER, CALL 999

If you cannot speak, respond to the questions from the call operator by coughing, tapping, or pressing "55".

For non-emergency police support, call 101 or visit www.met.police.uk.

VIOLENCE AGAINST WOMEN AND GIRLS SUPPORT SERVICES DIRECTORY 2022

If you are a survivor of any form of Violence Against Women and Girls, you can contact the services in this leaflet for free and confidential support and advice.



NATIONAL SUPPORT SERVICES

National Domestic Abuse Helpline

- For survivors of domestic violence
→ www.nationaldahelpline.org.uk
→ 0808 2000 247
→ Open 24hrs, 7 days (available in multiple languages)

Rape Crisis England & Wales

- For survivors of sexual violence
→ rapecrisis.org.uk
→ 0808 802 9999
→ Open 12 - 2.30pm & 7 - 9.30pm Mon to Sun

Suzu Lamplugh Trust

- For survivors of stalking
→ www.suzylamplugh.org
→ 0808 802 0300
→ advice@stalkinghelpline.org
→ Open 9.30am - 4pm Mon to Fri (1 - 4pm on Wed)

LOCAL SUPPORT SERVICES

Solace Women's Aid - Waltham Forest

- For practical and emotional support, including legal options, financial advice and reporting
→ www.solacewomensaid.org
→ 07340 683382
→ walthamforestIDSVAService@solacewomensaid.org

East London Rape Crisis

- Criminal justice advocacy, counselling and groups for survivors of sexual violence
→ niaendingviolence.org.uk/get-help/sexual-violence-and-abuse
→ 0800 160 1036
→ rapecrisis@niaendingviolence.org.uk

SPECIALIST SUPPORT SERVICES FOR SURVIVORS FROM BLACK AND MARGINALISED COMMUNITIES

Ashiana Network

- Specialist advice, advocacy and counselling for South Asian, Turkish and Iranian survivors
→ www.ashiana.org.uk → 020 8539 0427
→ info@ashiana.org.uk

Kiran Project

- Supported housing, immigration advice and counselling for survivors from Asian backgrounds
→ www.kiranss.org.uk → Open 9.30am - 4.30pm
→ 020 8558 1986 Mon to Fri
→ info@kiranss.org.uk

IMECE

- Advice, information and support for survivors from Turkish, Kurdish and Turkish Cypriot backgrounds
→ imece.org.uk → Open 9.30am - 5.30pm
→ 020 7354 1359 Mon to Fri
→ info@imece.org.uk

Muslim Women's Network UK

- Confidential and non-judgemental information, support and guidance for Muslim survivors
For survivors of domestic violence
→ www.mwnuk.co.uk
→ 0800 999 5786
→ info@mwnhelpline.co.uk

Jewish Women's Aid

- Advice and support for Jewish survivors
→ www.jwa.org.uk → Sexual Violence: 0808 801 0656
→ Domestic Violence: 0808 801 0500
→ dina@jwa.org.uk
→ Open 10am - 12pm Mon & Tues and 1 - 3pm Mon, Tues & Thurs
→ Open 9.30am - 9.30pm Mon to Thurs

Karma Nirvana

- Advice and support for survivors of so-called honour-based violence and forced marriage
→ karmanirvana.org.uk → Open 9am - 5pm
→ 0800 5999 247 Mon to Fri
→ info@kiranss.org.uk

Southall Black Sisters

- Advice and support for Black, African and Caribbean survivors and those with no recourse to public funds
→ southallblacksisters.org.uk → Open 9am - 5pm
→ 0208 571 9595 Mon to Fri
→ info@southallblacksisters.co.uk

Latin American Women's Aid

- Advice and support for Latin American survivors
→ lawadv.org.uk/en → Open 9.30am - 5.30pm
→ info@lawadv.org.uk Mon to Fri
→ 020 7275 0321

The Traveller Movement

- Advice and peer support for survivors from Irish, Gypsy or Roma Traveller backgrounds
→ travellermovement.org.uk
→ 0207 607 2002
→ info@travellermovement.org.uk

SPECIALIST SUPPORT FOR LGBTQ+ SURVIVORS

GALOP

- Advice and support for Lesbian, Gay, Bisexual, Transgender, Queer, or Intersex survivors
→ galop.org.uk → Open 10am - 5pm Mon, Tues, Fri & 10am - 8pm Wed to Thurs
→ 0800 999 5248
→ help@galop.org.uk

Stonewall Housing

- Housing advice for LGBTQ+ survivors
→ stonewallhousing.org → Open 10am - 1pm
→ 020 7359 5767 Mon to Fri
→ info@stonewallhousing.org

