

## Overview of key achievements



### BETTER MENTAL HEALTH FOR ALL

- Volunteers recruited to conduct check-in calls for residents shielding / self-isolating
- Delivered 'Developing a Mentally Healthy School' sessions to teacher.
- Utilised Public Health England's Psychological First Aid Training
- Implemented the DfE Wellbeing for Education Return programme
- Launched new service Mental Health in Schools Teams
- 40 schools signed up to the Young People's Mental Health Charter
- Expanded promotion of virtual mental services including Good Thinking and Kooth through volunteers and hampers going out to vulnerable residents
- Trialled 'Mind Moose' platform in some Waltham Forest primary schools.
- Adapted meetings / support groups to accommodate virtual provision

### VIOLENCE AGAINST WOMEN & GIRLS

- Launched new drop in service for face to face support
- Strengthened Safe & Together: 183% rise in identification of DA in family assessments
- Implemented additional layer of support for survivors from police call outs
- Increased comms for promoting services
- Commenced Domestic Abuse Housing Accreditation process

### ADOLESCENTS SAFEGUARDING

- Maximised reachable moments via new protocols and pathways including those linked to health
- 3500 primary school children given tools to build knowledge, attitudes & critical thinking skills via LifeSkills Resilience Programme
- Trained local residents as community mentors / ambassadors in relation to exploitation
- Launched The Outset Centre, a community led youth hub
- Addressed racial disparity and sought ways to tackle this
- Launched fortnightly all age Exploitation and Risk Panel
- Commissioned range of specialist support for young people at risk of exclusion and exploitation, including Parent Champions programme
- Strengthened the Practitioner Network including refresh of [Safeguarding Adolescents Practice Guide](#)

### ALCOHOL & DRUGS

- Developed a combined recovery and support pathway for families/individuals with both domestic violence and substance misuse
- Expanded joint working protocol to include the Crisis Resolution and Home Treatment Team and Early Intervention in Psychosis Team
- Set up drop in surgeries for peer support
- Implemented the CAMHS/CGL joint working protocol.
- Conducted a review of local and national data and good practice relating to prescription medication dependence in the borough
- Appointed a new primary care drug liaison worker
- Developed a substance misuse / harm reduction champions network, including supported living providers
- Delivered training & awareness sessions across settings
- Increased the number of pharmacies supplying naloxone.
- Introduced Drinkcoach for digital alcohol interventions
- Moved to virtual offer and increased service user engagement Secured funding for specific projects such as hospital drug liaison, primary care drug liaison, treatment support for Eastern European populations at risk of rough sleeping
- Alcohol included as one of the key lifestyle topics in 'Making Every Contact Count' training package
- Bespoke and targeted comms plan developed with focus on sharing messages among minoritised communities

### HEALTHY LIVING FOR ALL (Healthy Weight)

- 20 new food businesses awarded with Healthier Catering Commitment
- Delivered a high-profile Sugar Free September campaign
- Continued to deliver the Healthy Early Years London (HEYL) award scheme as well as Healthy Schools London
- Appointment of new dedicated Daily Mile Officer
- Successful funding bids for Tier 2 Adult Weight Management and a new childhood obesity programme, including a new tier 2 service

## What difference has the work of the Health & Wellbeing Board made to our residents?



- ❖ Reduced feelings of loneliness
- ❖ Kept safe and supported when experiencing domestic abuse
- ❖ Helped earlier with mental health needs associated with the pandemic
- ❖ Closer to achieving equity for those from minoritised backgrounds
- ❖ More options for support
- ❖ Improved the effectiveness of dual diagnosis
- ❖ Frontline services better understand risk
- ❖ Provided a more targeted offer through improved awareness
- ❖ Broken the cycle
- ❖ Improved accessibility to and awareness of support
- ❖ Earlier intervention that builds resilience and prevents exploitation
- ❖ Healthier food offers in the borough
- ❖ Improved collective support from front-line practitioners who understand risks
- ❖ Healthy living is embedded in early years services
- ❖ Clarity for parents who feel empowered to support
- ❖ Healthy living part of school day
- ❖ Improved weight management services

## What's next for 2021/22?

George Floyd's murder in 2020 triggered a worldwide outcry, resulting in more focus on structural racism. All the strategic boards' work underwent review with a racial disparity lens to identify the areas that required action to narrow the gap between outcomes for different groups of residents. This shaped the renewed priorities for 2021 - 2023 that will steer the partnership to taking action to enact meaningful change.

As a result and alongside acknowledgement of the past year, priorities will be underpinned by three core themes: **Equality / Equity - Life Course Approach - COVID Recovery**

## This series of short films brings some of the amazing work of the Strategic Partnership to life:



### OVERARCHING PRIORITY:

- **Violence and Exploitation:**
  - **Adolescents Safeguarding** (WFSCB led)
  - **Modern Slavery** (SAB led)
  - **VAWG** (SafetyNet led)
- **Better Mental Health for All** (HWB led)

### Health & Wellbeing Board SPECIFIC PRIORITY:

- **Alcohol & Drugs**
- **Healthy Living for All**

