







Top tips:

- Put a bag or a bin in your bathroom just for recycling
- Remember to recycle baby products and men's toiletries too
- Rinse all bottles and put in your green recycling bin



You can RECYCLE all of these items from your KITCHEN

Top tips:

- Squash cans and bottles and flatten boxes to save space in your recycling
- Rinse your plastic bottles, food containers, trays and cartons in your old washing-up water before placing in the recycling
- Have another bin or box in your kitchen for your recyclable items



You can RECYCLE all of these items from your LOUNGE

Top tips:

- Recycle all the newspapers, flyers and envelopes from your living room
- Put a bin in your lounge and bedroom for recycling things like magazines and tissue boxes
- Cardboard packing from your online orders can also be recycled – flatten to make the most of your recycling bin



No thanks

Please do not place the following in the green recycling bin:

- X Black bin bags
- X Electrical or electronic items
- **X** Food
- **X** Nappies
- **X** Textiles
- X Wood



If you want to find out what happens to your recycling visit **www.recyclenow.com**

Your recycling is really making a difference in Waltham Forest — thanks!

If you are unsure about any items or want to check a collection day visit **www.walthamforest.gov.uk/recycling** or call **020 8496 3000**