| **Organisation** | **Contact Details/Booking Information** | **Project Title and description of Service** | **Dates of Service** | **Age Group** | **Venue/Cost** |
| --- | --- | --- | --- | --- | --- |
| **Lambourne End** | Carolan Casey020 8500 3047, extension 221carolan.casey@lambourne-end.org.ukLambourne End Centre for Outdoor LearningManor RoadLambourne EndRM4 1NBThe current leaflet and booking form can be downloaded from the Lambourne End website: <https://www.lambourne-end.org.uk/shortbreaks>; alternatively contact Carolan for the leaflet and booking form.Places must be booked in advance.  If you have any questions, Carolan will be very happy to answer them. | **Family Fun Days**Young people are invited to come with their families and take part in a wide variety of outdoor activities, creating amazing memories together.  Available activities include Zip Line, Goat Show, Ropes Course, Pony and Cart, Climbing, Woolly Jumper, Fencing, Orienteering, Kayaking, Farm Tour, Abseiling, Bush Craft, Raft Building, Mini Beast Hunting, Caving, Pond Dipping, Archery - there is something for everyone!  Even better - lunch is provided.  Each Family Fun Day is 11am - 4.30pm, and transport can be provided to a limited number of people, from a central location.Lambourne End has been offering a variety of adventurous, farm and nature based outdoor activities for almost twenty years, and is very well thought of in the local community, with it's services in high demand.  Family Fun Days provided for other local authorities are always incredibly popular with families.  Parents enjoy being in an inclusive environment where their child's needs are understood, and getting to know other families in similar situations to themselves; young people enjoy making new friends and taking part in activities with their siblings. | Tuesday 24th October 2023Wednesday 3rd April 2024Sunday 2nd June 2024Friday 26th July 2024Thursday 15th August 2024 | 0-18 | Lambourne End Centre for Outdoor LearningManor RoadLambourne EndEssexRM4 1NB**Transport is available (for a small charge) to a limited number of people, from a central location. Please speak to the Provider.****Each Family Fun Day costs 5.5 Short Breaks hours**  |
| **Centre 404** | Fiona Brady07983711568/ 0207 607 8762FionaB@centre404.org.uk [www.centre404.org.uk](http://www.centre404.org.uk)**Referral** - cypreferrals@centre404.org.uk**Access to services:** 4-6 weeks from the point of referral | **CENTRE 404 OUTREACH AND HOMEBASED SUPPORT**  1:1 support in children`s home or out in the community  | All Year | 8-17YRS | Home or in the community |
| **Centre404** | Fiona Brady07983711568/ 0207 607 8762FionaB@centre404.org.uk [www.centre404.org.uk](http://www.centre404.org.uk)**Referral** - cypreferrals@centre404.org.uk**Access to services:** 4-6 weeks from the point of referral | **CENTRE 404 HOLIDAY PLAYSCHEME’S**Holiday support, sessions run between 10am-3pm. Sessions can take place on 1:1 basis in community or as group activities.  | Main school holidays and half terms | 8-17YRS | Venue TBC |
| **Shared Care Services** | Owais KhanShared Care Services Ltd. 119 Eastern Avenue, LG Floor, Ilford, IG4 5AN0208 252 5255 Email: info@sharedcare.co.ukWebsite: [www.sharedcare.co.uk](http://www.sharedcare.co.uk) | **BUDDYING/BEFRIENDING SERVICE**Shared Care will provide 1:1 care staff to be a ‘Befriender’ with a service user providing friendship and enabling a befriended to access local community activities and leisure facilities; going to the cinema, playing board games, baking, going on outings or just being the centre of a care staff to make a child feel loved, cared for and supported, and make a real difference to children’s lives.  | All Year | 5-18 YRS | In the community |
| **Mercylink Care Services** | Send referral to: care@mercylink.care or rm@mercylink.care or call 02038086633/07946682760/07365273990TEMILADE ADEWUNMI0203 808 6633CARE@MERCYLINK.CARE | **OUTREACH SUPPORT**Young Person Short Breaks Service is designed in partnership to meet the needs of disabled children/young people and their families. Through planned 1 -1 sessions the service facilitates leisure and play activities to help the child/young person expand their interests and explore, new social opportunities and build up positive experiences and skills. Families are allocated a trained designated short breaks worker who organises regular sessions in partnership with the family. The sessions can be at home and community based depending on the needs of the child/young person and their family.  | All Year | 7-18 YRS | At home and in the local community |
| **KIDS** | Michael SinghKIDS Adventure Play Hackney,Spring Lane, Big Hill,Clapton,LondonE5 9HQYTel: 0208 806 6149Email: michael.singh@kids.org.uk | **OUTREACH PROJECT/BEFRIENDING**KIDS Short Breaks Service is designed in partnership to meet the needs of disabled children/young people and their families. Through planned 1 -1 sessions the service facilitates leisure and play activities to help the child/young person expand their interests and explore, new social opportunities and build up positive experiences and skills. Families are allocated a trained designated short breaks worker who organises regular sessions in partnership with the family. The sessions can be home and community based depending on the needs of the child/young person and their family. Workers can also come long to family outings to provide support  | All Year | 5-18 YRSYRS | At home and in the local community |
| **Chinite Home Care** | **Booking Information:**Chinite Home Care01268 983200/0208 252 133507832523552 -Out of Hours Servicereferral@chiniteresourcing.com**Contact Information:**Jerica Cartasano/Sylvester Okafor01268 983200/0208 252 1335jerica@chiniteresourcing.comsylvester@chiniteresourcing.com[www.chinitehomecare.com](http://www.chinitehomecare.com)*Our workers are recruited locally in Waltham Forest borough and have good access to all areas of Waltham Forest borough.* **Head Office address is listed below:**Unit 42nd Floor Town Quay WharfAbbey RoadBarkingIG11 7BZ | **OUTREACH SUPPORT**Chinite Home Care Short Breaks Service is developed in partnership to meet the needs of disabled children/young people and their families. The service facilitates leisure and play activities through planned one-to-one support sessions to help the child/young person expand their interests, explore new social opportunities, and build positive experiences and skills. Children/young people and families are allocated a trained designated short breaks worker who organises regular support sessions in partnership with the family. Our Short Breaks service is available 24 hours, seven days a week with Out of Hours response service. | All Year | 5-18YRS | At home and in the local community |
| Hope Superjobs | 0208 553 08271 Cranbrook Road, Broadway Chambers, 3rd Floor Ilford, EssexIG1 4DUbibi@hopesuperjobs.co.ukMunish.chander@hopesuperjobs.co.uk Marlene.joseph@hopesuperjobs.co.uk  info@hopesuperjobs.co.uk  | **Outreach support** 1:1/2:1, taking out in the community, using play centres if available depending on the age-range of the young person | All Year | 5-18  |  |
| **The Oak Foundation** | **Contact Information:**Sajida AhmedThe Oak Foundation2a Boundary RoadWalthamstowLondonE17 8JUTel: 0208 520 0373Email: info@theoakfoundation.org.uk | **BUDDYING/BEFRIENDING SERVICE**Child Support Service offers 1:1 care for disabled children who have complex health needs, require constant supervised care, and who cannot attend play schemes. A support worker will provide care in the child’s own home so that Carers get a break and some help.  The Oak Foundation provides continuity, with a consistent support staff team, who get to know the family well and can offer support on a regular basis.  The child receives individual attention, including enjoyable and stimulating play activities in the home setting that nurture emotional wellbeing and development. | All Year | 5-18 YRS | In the Family Home |
| **The Oak Foundation** | Sajida AhmedThe Oak Foundation2a Boundary RoadWalthamstowLondonE17 8JUTel: 0208 520 0373Email: info@theoakfoundation.org.uk | **AFTER SCHOOL SERVICE**The Oak Foundation provide flexible booking and a wide choice of Short Break activities for children and young people with disabilities throughout the year. **WEEKEND AND HOLIDAY PROVISION**Children and young people take part in sporting and leisure activities and go out on trips.  It gives them a chance to get out of the house, try new activities, have fun, and make friends, while their families get to have a short break from looking after them.  Each child’s additional needs and preferences are considered, and a variety of activities are offered: including sporting activities, leisure activities and trips out. | All Year | 5-18 YRS | Cost to parents £10.00 per day for minibus transport, Refreshment, and leisure activities/ trips charges  |
| **ELHAP** | **Address:**ELHAP119 Roding Lane North Woodford BridgeEssexIG8 8NA**Please contact:**Cathy Charles (ELHAP Office Manager)0208 550 2636info@elhap.org.uk [www.elhap.org.uk](http://www.elhap.org.uk)**Booking:**Once families have completed our registration and assessment process, families will be sent online or paper booking forms every 3 months. We then confirm all days in writing. | **ADVENTURE PLAY FOR ALL (SCHOOL HOLIDAYS)**The "Adventure Play for Everyone" project is an inclusive and unique play service for disabled, vulnerable, and disadvantaged children, young people, and their families. ELHAP offers two types of staffing support for children with additional needs (1:1 and 1:4 staffing support ratios – we also sometimes offer 2:1 support when required) to ensure that it offers an inclusive and individualised service to each child. We are also running a sibling’s project for non-disabled siblings who can attend ELHAP for free (siblings must be aged 6 – 13 years). Siblings are offered a set number of days per year and families can book across the year.  | School HolidaysDays: Monday-FridayTimes: 10:00 – 15:30 | 6-18 YRS | ELHAPIG8 8NA |
| **ELHAP** | ELHAP119 Roding Lane North Woodford BridgeEssexIG8 8NA**Please contact:**Cathy Charles (ELHAP Office Manager)0208 550 2636info@elhap.org.uk [www.elhap.org.uk](http://www.elhap.org.uk)**Booking:**Once families have completed our registration and assessment process, families will be sent online or paper booking forms every 3 months. We then confirm all days in writing. | **ADVENTURE PLAY FOR ALL (SATURDAY CLUBS)**The "Adventure Play for Everyone" project is an inclusive and unique play service for disabled, vulnerable and disadvantaged children, young people and their families. ELHAP offers two types of staffing support for children with additional needs (1:1 and 1:4 staffing support ratios – we also sometimes offer 2:1 support when required) to ensure that it offers an inclusive and individualised service to each and every child. We are also run a siblings project for non-disabled siblings who can attend ELHAP for free (siblings must be aged 6 – 13 years). Siblings are offered a set number of days per year and families can book across the year. | Saturdays (ELHAP is open for fortnightly Saturdays in term time)Times: 10:00 – 15:30 hrs | 6-18 YRS | ELHAPIG8 8NA |
| **Marion Mission** | Tel: 0208 518 7499 07940143545 E-mail: marianmission@aol.com<https://www.marianmission.co.uk/> | **SITTING AND BEFRIENDING PROVISION****Befriending Service** - this service is for disabled children and young people aged 8 to 18**Sitting Service** - this service for disabled children and young people aged 3 to 18  | All Year | 8-183-18 | Please check with provider regarding venue |
| **Marion Mission** | Tel: 0208 518 7499 07940143545 E-mail: marianmission@aol.com<https://www.marianmission.co.uk/> | **School Holiday Provision**Positive activities during School holidays and half-term breaks for disabled children and young people. We intend to provide fun, learning and creative activities for disabled children and young people. Activities include drama, music and singing lessons, arts and craft and board, ICT, dance, outdoor games, indoor games, circle time and card games | School Holidays Mon-Fri10:00 hrs to 16:00 hrs | 5-18 YRS | Please check with provider regarding venue |
| **Resources for Autism** | **Contact Information:**Resources for Autism0208 458 3259info@resourcesforautism.org.uk*This is not a drop-in service. A referral needs to be completed on* <https://resourcesforautism.wufoo.com/forms/s1j8f3r11atwheg/> | **HOLIDAY SCHEME**Holiday group activities for individuals with autism. During the scheme we offer a range of activities based on the needs and interests of the group. Those include sensory activities, arts, sports, trips to the community, bowling, cooking, etc.  | School Holidays | 8-18 YRS | The cost is via short breaks, with an additional parental contribution of £8.50 per day |
| **Resources for autism** | **Contact Information:**Resources for Autism0208 458 3259info@resourcesforautism.org.ukThis is not a drop-in service. A referral needs to be completed on <https://resourcesforautism.wufoo.com/forms/s1j8f3r11atwheg/> | **COMMUNITY SUPPORT**One to one support at home and in the community catered to the specific needs of the individual and his/her family. We support development of skills based on the individual interests and their specific needs - those include communication, travel training, sensory issues, independence skills, etc. Support will take place in the agreed day and time, with the same support workers each week.  | All Year | All Ages | The cost is via short breaks, with an additional parental contribution of £5.00 per day |
| **Resources for Autism** | Resources for Autism0208 458 3259info@resourcesforautism.org.ukThis is not a drop-in service. A referral needs to be completed on <https://resourcesforautism.wufoo.com/forms/s1j8f3r11atwheg/> | **WEEKDAY EVENING GROUP**A group for young autistic individuals offering an opportunity to socialise with peers, have fun and be themselves. Young people will be able to share their experiences and feelings as they move forward into young adult life.  Staff will take a lead in facilitating the activities, but the group members will not require one to one support. | Thursday evenings termtime | 11-15 YRS |  |
| **Bikeworks.org.uk** | All Ability Cycling – please visit website for information regarding times and dates of sessions <https://www.bikeworks.org.uk/all-ability/all-ability/#1632126351424-6b857149-c14e>**Location 1:**Leyton Jubilee Park- we set up at the Marsh Lane entrance to the park, E10 7BL. **Location 2:**Higham Hill Park- we set up at the Hecham Close entrance to the park, E17 5PX.***NOTE: Please check website for session dates and times and booking is not required unless six or more people are attending as a group (if you are attending as a group, please check the information on the website for booking requirements)*** | At Bikeworks we believe that cycling should be accessible and possible for everyone to enjoy.The Drop-in All Ability Cycling Clubs are designed for people with learning, physical and/or sensory disabilities to enjoy cycling on a range of adapted cycles, including single/tandem tricycles, side-by-side cycles for two or more people, wheelchair platform cycles and go-kart style recumbent cycles.The clubs are also a social and friendly place where you can meet the same people time after time.After being shown how to use the cycles by our friendly volunteers and staff, attendees are free to cycle around the park or green space with their friends, family or carer.The clubs are suitable for almost everyone regardless of age, ability or experience level and they are free to access. Unfortunately, we cannot cater for very young children due to the size of the cycles, with the youngest approximate age we can accommodate at the clubs being 5 years old. Parents, carers and support workers are encouraged to attend and ride with the people they are supporting. Those with complex needs must be accompanied by a parent, carer or support worker as the club instructors won’t be able to offer one-to-one support for individuals. | Please check website for sessions | 5 yrs and over | Free |
| **Sycamore Trust** | Steve Dixon0208 517 93170208 262 5330enquiries@sycamoretrust.org.uk27-29 Woodward RoadDagenhamRM9 4SJ | A weekly structured youth group for targeted Autistic young people aged 10-17, operating one evening per week in term time. Each session to be module based, combining a structured activity based around five different life-skill themes (safe travel, basic life skills, personal hygiene & appearance, social skills, and safe relationships) with enjoyable and stimulating social activities designed to empower the individual to improve communication, confidence and self-esteem, leading to increased opportunities for further education and employment along with the opportunity to flourish and make a valuable contribution to society. | Term Time only | 10-17 | TBC |