

# Independent Providers of:



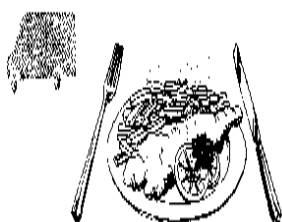
## Care at Home



This list has been produced to help you, or someone you know, make your own arrangements for purchasing services in the private and voluntary sector.

The organisations listed here have all been accepted by the Council as approved providers. Most of them have been used by Social Services to provide services to people in their own homes. This means that they have satisfied a number of important requirements, including providing evidence of insurance cover, recruitment procedures and training for staff, health and safety, and other relevant operating procedures. Any limitations which apply are clearly specified.

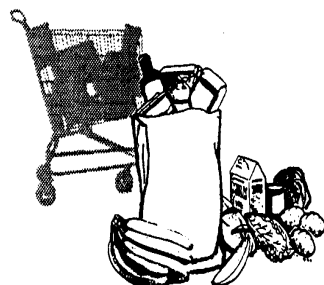
## Frozen Meals



All the organisations listed here are able to provide a range of services and have a lot of experience in the field of home care, home shopping or frozen meals delivery. However, the Council offers no assurance or guarantee that they will be able to meet the individual needs or requirements that you may have.

The leaflet **What to Look for in a Home Care Agency** contains useful information. This may help you to decide whether the organisation(s) which you approach are able to provide what you want in terms of quality, price, and methods of service delivery. Remember that you will not be covered by the terms of any Council contract which may exist, and that in terms of prices in particular, service providers will be entitled to fix and vary their charges as any other business may do.

## Home Shopping



Social Services staff are available to advise and help you. If there is a change in your circumstances, or if you want further information about the eligibility criteria for certain services, then get in touch with us. But please remember that the Council is not responsible if anything goes wrong with what is a personal arrangement between you and a provider.



# Care at Home

* Allied Healthcare (Group) Ltd,	Suite 30-33 The Hop Exchange 24 Southwark Street London SE1 1NY	Tel: 0207 089 4217 Fax: 0207 403 1466
* Care UK Homecare Ltd	2 <sup>ND</sup> Floor 267 Cranbrook Road Ilford IG1 4GT	Tel: 0208 518 9907/8/9 Fax: 0208 554 2619
* Carewatch (Forest)	508 High Road Woodford Green Essex IG8 0PN	Tel: 020 8505 2211 Fax: 0208 505 2220
* Celsian	Ground Floor Marlborough House 298 Regents Park Road Finchley N3 2SZ	Tel: 020 8346 6663 Fax: 020 8346 6698
* Charterhouse Care plc	43 Churchill House 137 Brent Street London NW4 4DJ	Tel: 020 8457 2912 Fax: 020 8457 2913
* Culture Care Agency	Suite 104 Bow house Business Centre 153-159 Bow Road London E3 2SE	Tel: 020 8981 1119 Fax: 020 8983 4082
* First Choice Homecare	First Choice Homecare, Nursing and Recruitment 223 Prince Regent Lane London E13 8SD	Tel: 020 7474 8383 Fax: 020 7474 0870
* Holistic Community Care Ltd	Local Branch Unit 8 Harkford Walk Harkford Road London SW9 0QT	Tel: 020 7091 0399 Fax: 020 7582 6403
* Homecare and Domestic Services Ltd	6-10 Tring Close Newbury Park London IG2 6BL	Tel: 020 8518 6164/ 6189 Fax: 020 8518 6176
* Independent Homecare Services Ltd	Suite 5 James Yard 480 Larkshall Road London E4 9UA	Tel: 020 8531 9779 Fax: 020 8531 3888
* Independent Living Organisation Ltd T/A Support Care	48a Queens Road Buckhurst Hill Loughton IG9 5BY	Tel: 020 8559 7578 Fax: 020 8506 0701

* Jay's Homecare Ltd	Unit 30 Alpha Business Centre 60 South Grove Walthamstow E17 7NX	Tel: 020 8503 6661 Fax: 020 8509 1696
* London Care plc	Suite 3 Dormers Court 18-36 Thomas Road London E14 7BJ	Tel: 020 7537 7979 Fax: 020 7537 7878
* Plan Personnel	172 The Grove Stratford London E15 1NS	Tel: 020 8555 8477 Fax: 020 8555 8441
* Supreme Care Agency	339 High Street Stratford London E15 2TF	Tel: 020 8221 2909 Fax: 020 8221 1243
* Temp Exchange	5 Blackhorse Lane Walthamstow London E17 6DS	Tel: 020 8523 0666 Fax: 020 8523 0681
* TLC Care Services	77 East Road London N1 6AH	Tel: 0870 224 0266 Fax: 0870 224 0268
* Walthamstow Employment and Nursing Agency	783-785 Lea Bridge Road Walthamstow London E17 9DZ	Tel: 020 8521 7689 Fax: 020 8520 4338

